

# From Healthy Buildings to Smart Business

Using Technology to Reduce Risk and Enhance  
Project Value

September 2020

Arup is the creative force at the heart of many of the world's most prominent projects in the built environment and across industry.





A low-angle, upward-looking perspective of several modern skyscrapers with glass facades. The buildings are framed by a clear blue sky, creating a sense of height and global reach. The glass reflects the sky and each other, adding depth to the image.

We are truly global: 92  
offices in 40 countries with  
nearly 16,000 planners, designers,  
engineers and consultants deliver  
innovative projects across the world.



We offer a broad range of professional services that combine to make a real difference to our clients and the communities in which we work.





# Arup Presenters



Gideon D'Arcangelo  
*Arup* / New York



Fiona Cousins  
*Arup* / New York



Mark Walsh-Cooke  
*Arup* / Boston



# Agenda

- HVAC tools and strategies to balance wellness and energy performance
- Smart Building technologies for Healthy Buildings
- Digital twins and enhancing building performance



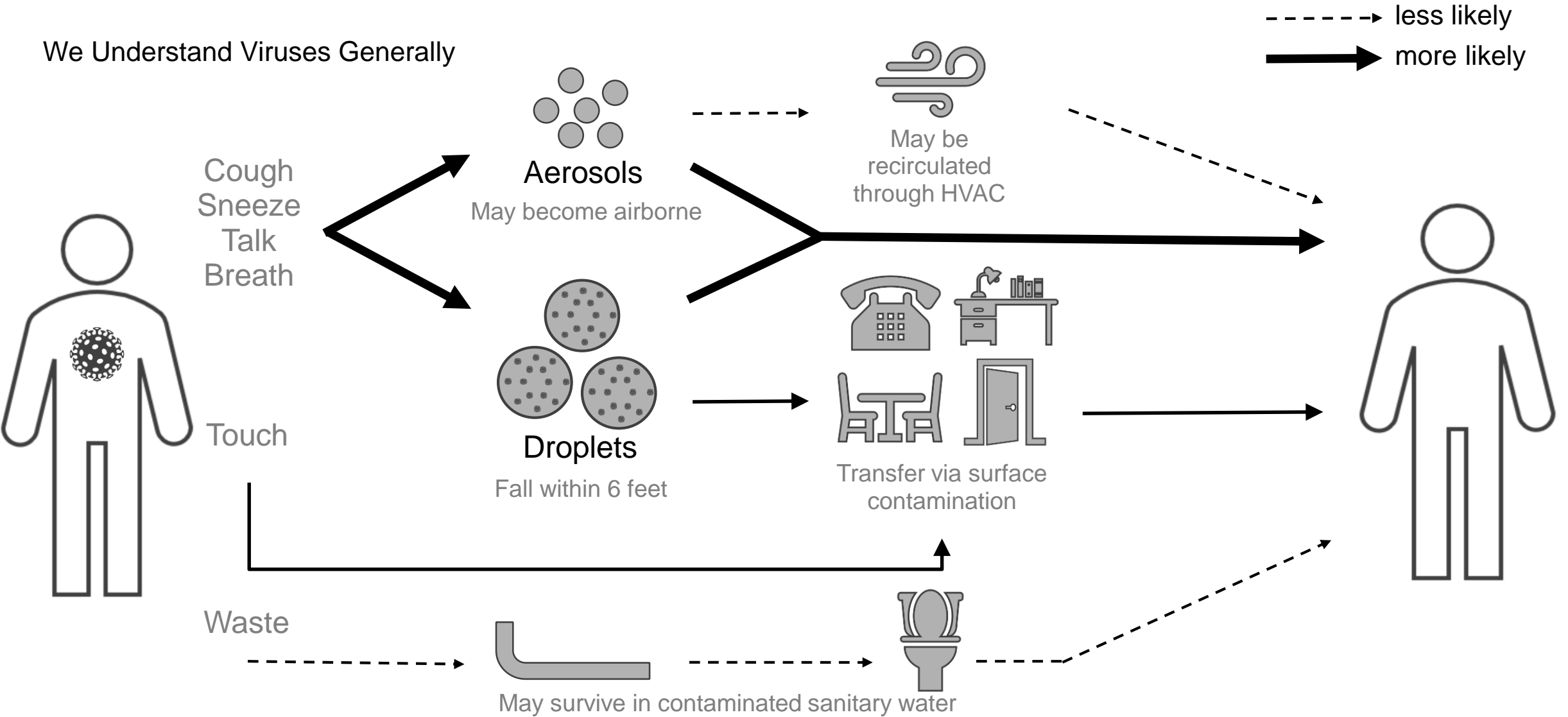
# System Design for Health and Wellness



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# What We Know About Transmission



# We are the primary infectious vector



ARUP



# System Enhancements



# Communicating the benefits

Lessons learned from our own office design





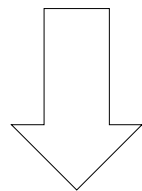
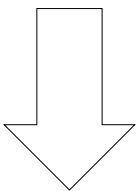


## Lessons learned from our own office design

**65% & 68%** of staff said that their **productivity is positively impacted** by the office's environmental conditions (comfort, lighting, air quality), compared to 8% in our old office

**52% & 43%** of staff said they **feel more healthy in the office** compared to not in the office, compared to 2% in our old office

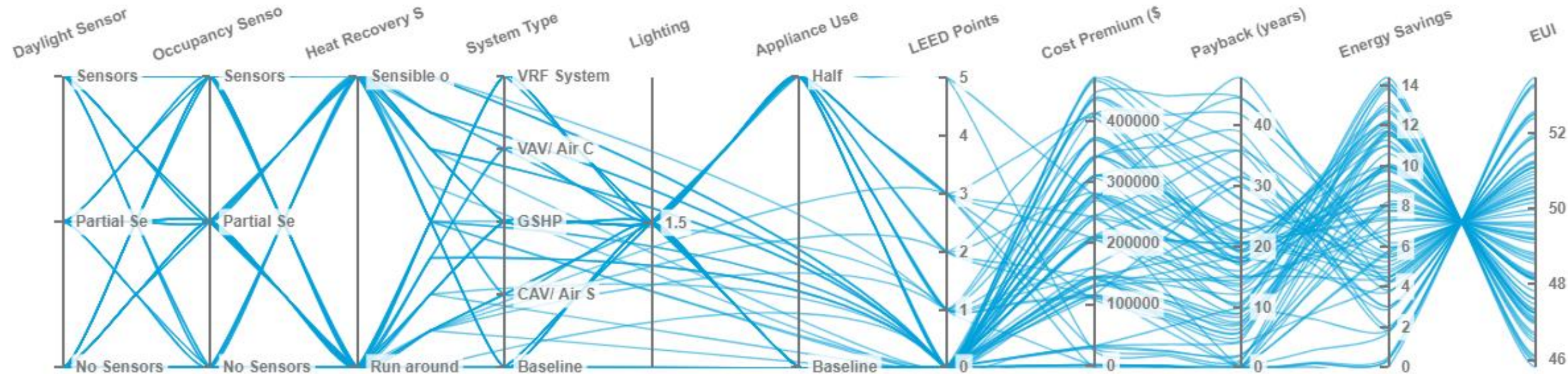
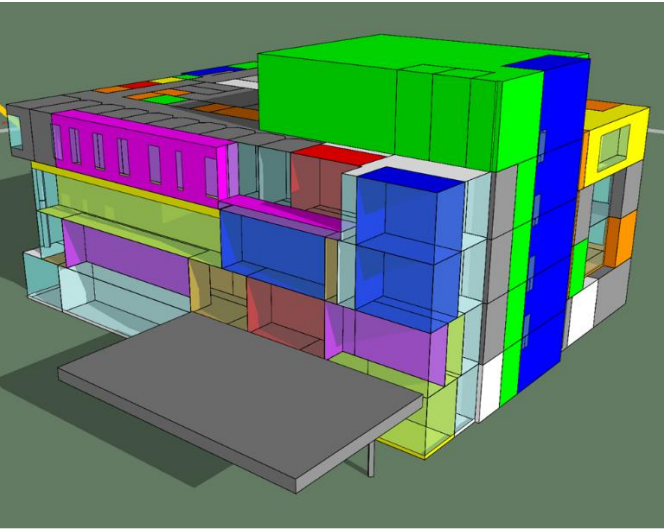
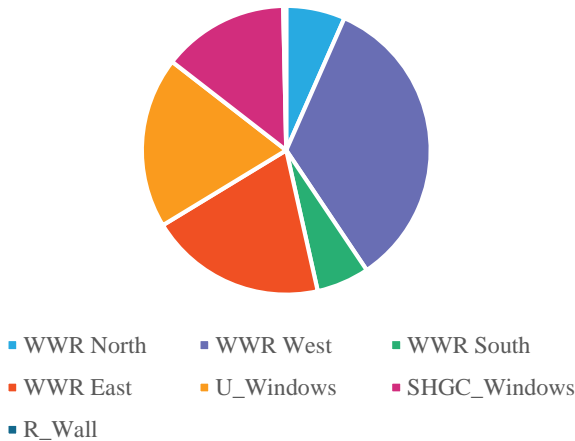
**78% & 83%** of staff said they felt the current **workplace supports creative thinking and collaboration**, compared to 37% in our old office



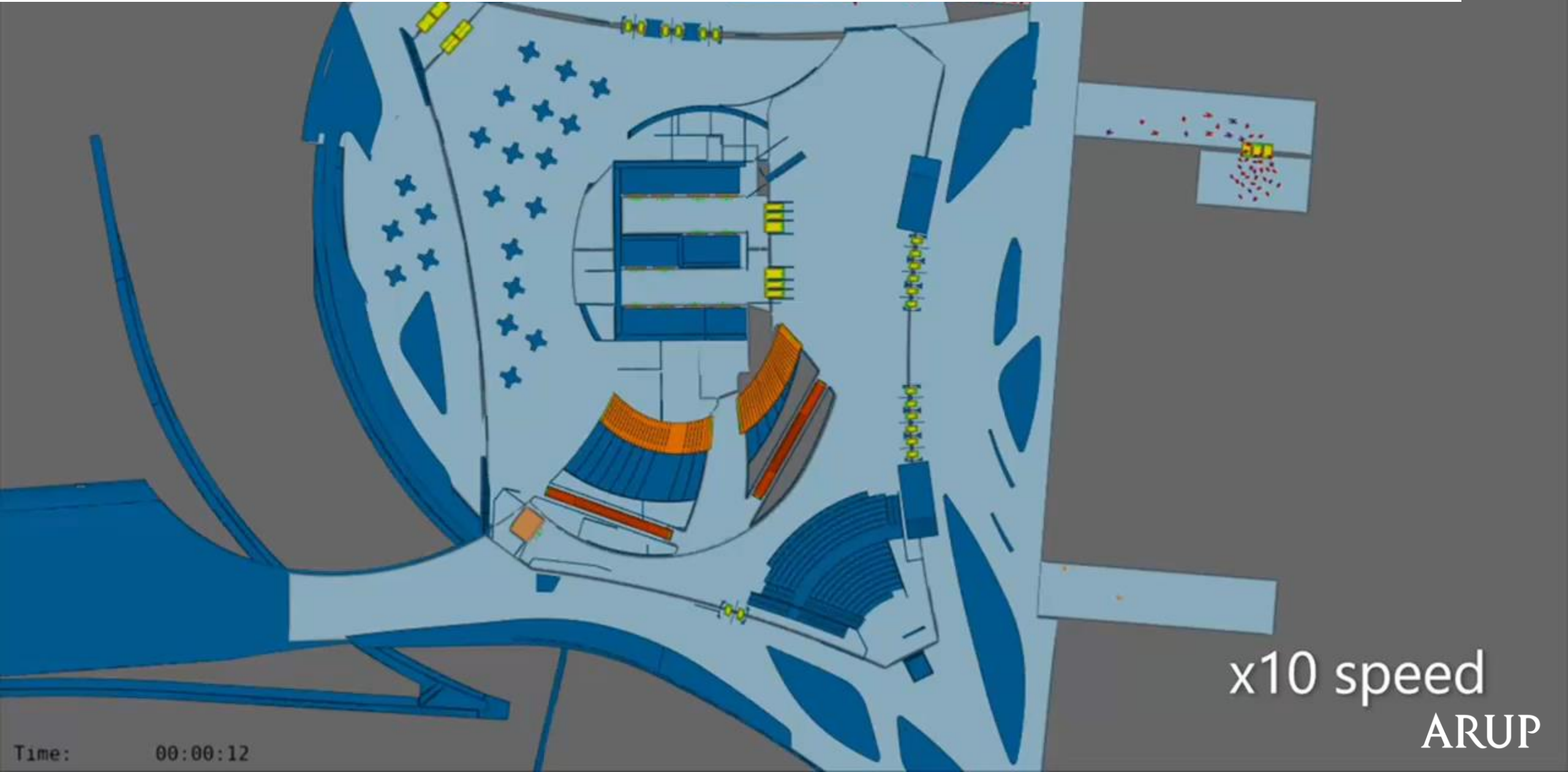


# Parametric Energy Modelling with Machine Learning

Operating Cost



# MassMotion – Building Right-Sizing and Emergency Egress





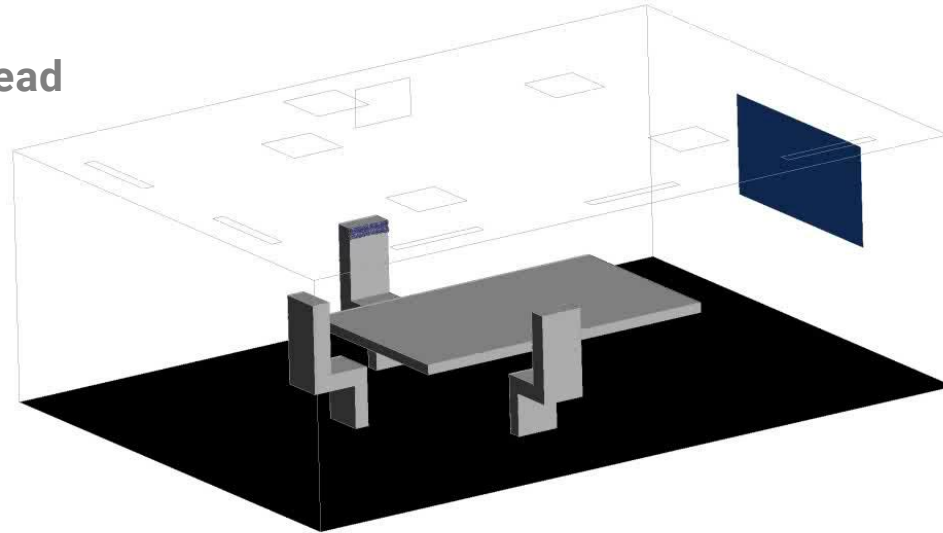
# MassMotion with Social Distancing



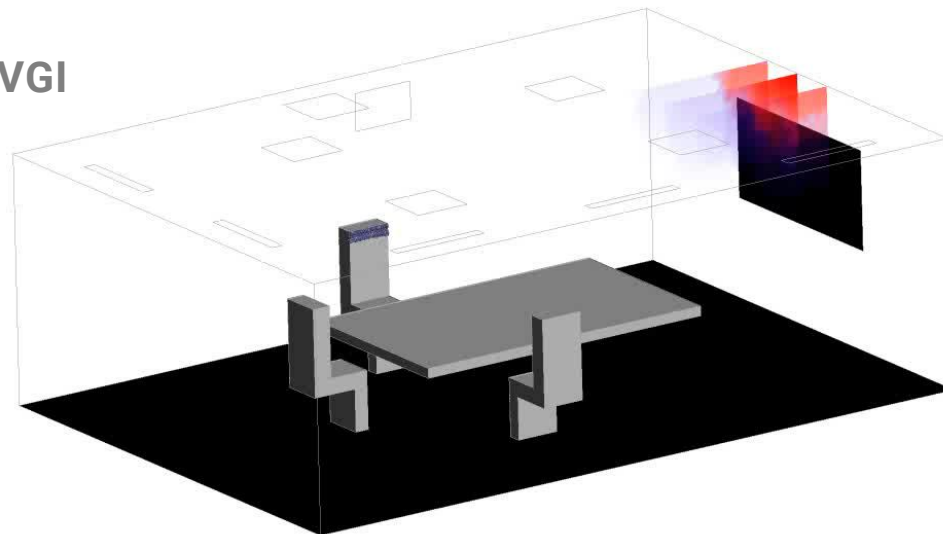
# Computational Fluid Dynamics

## Measuring UVGI Effectiveness

Untreated pathogen spread



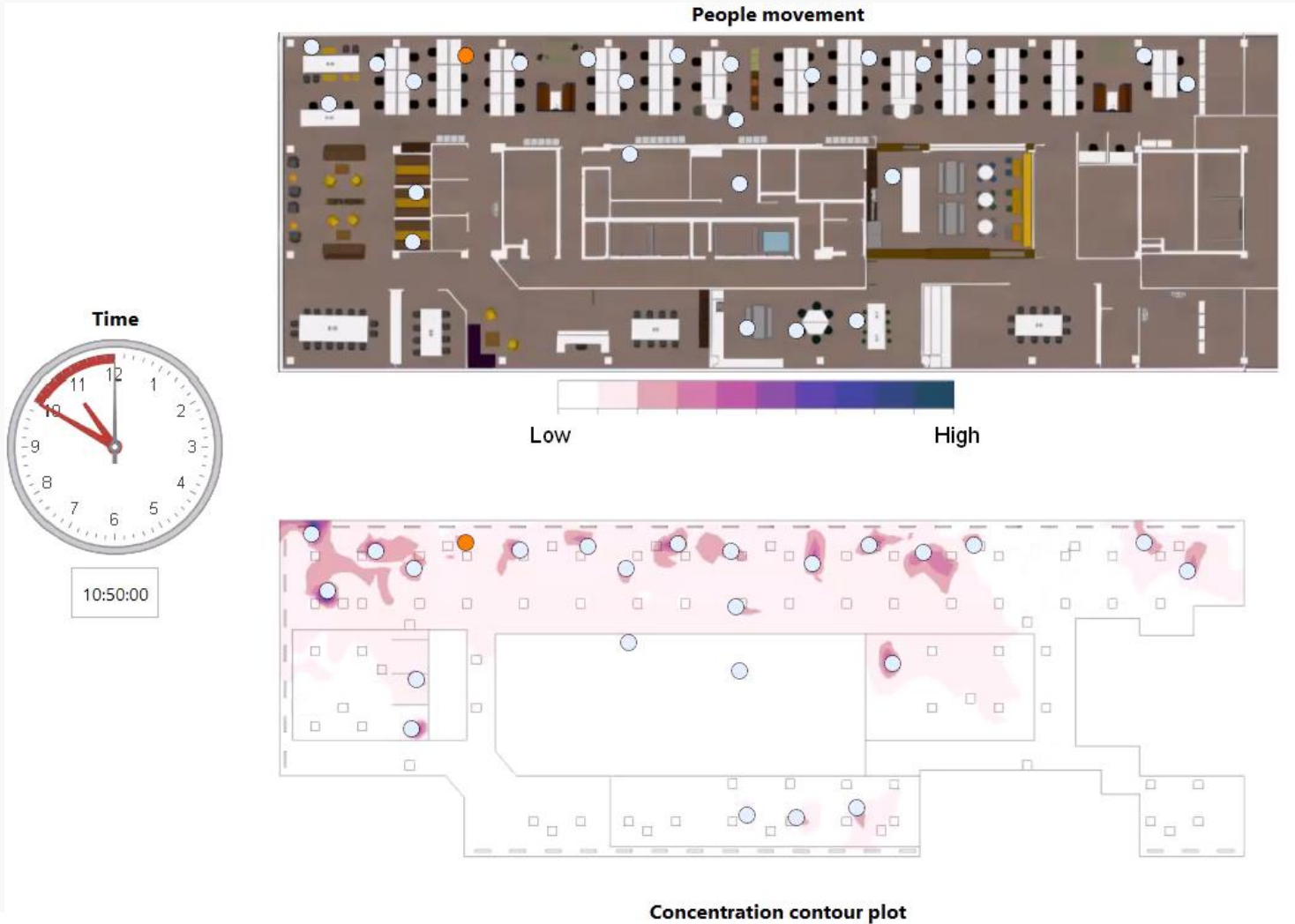
Pathogen spread with UVGI





# MassMotion and CFD

## Complex Spaces with Moving Sources

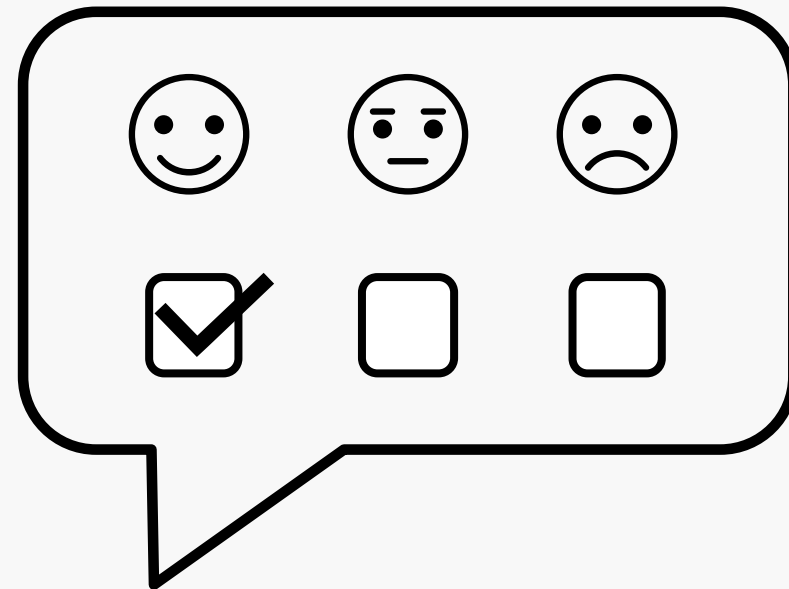


# Indoor Environmental Monitoring

Quantitative and Qualitative Feedback



+





# Smart Building technologies and communications for Healthy Buildings



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# Restoring Confidence

Environments that **actively signal their health status** will help us restore confidence in the return to public spaces

Sensor 3

Sensor 5

Sensor 2



# Restoring Confidence

To create **health-aware environments** that keep people empowered on their journey back to daily life, we can:

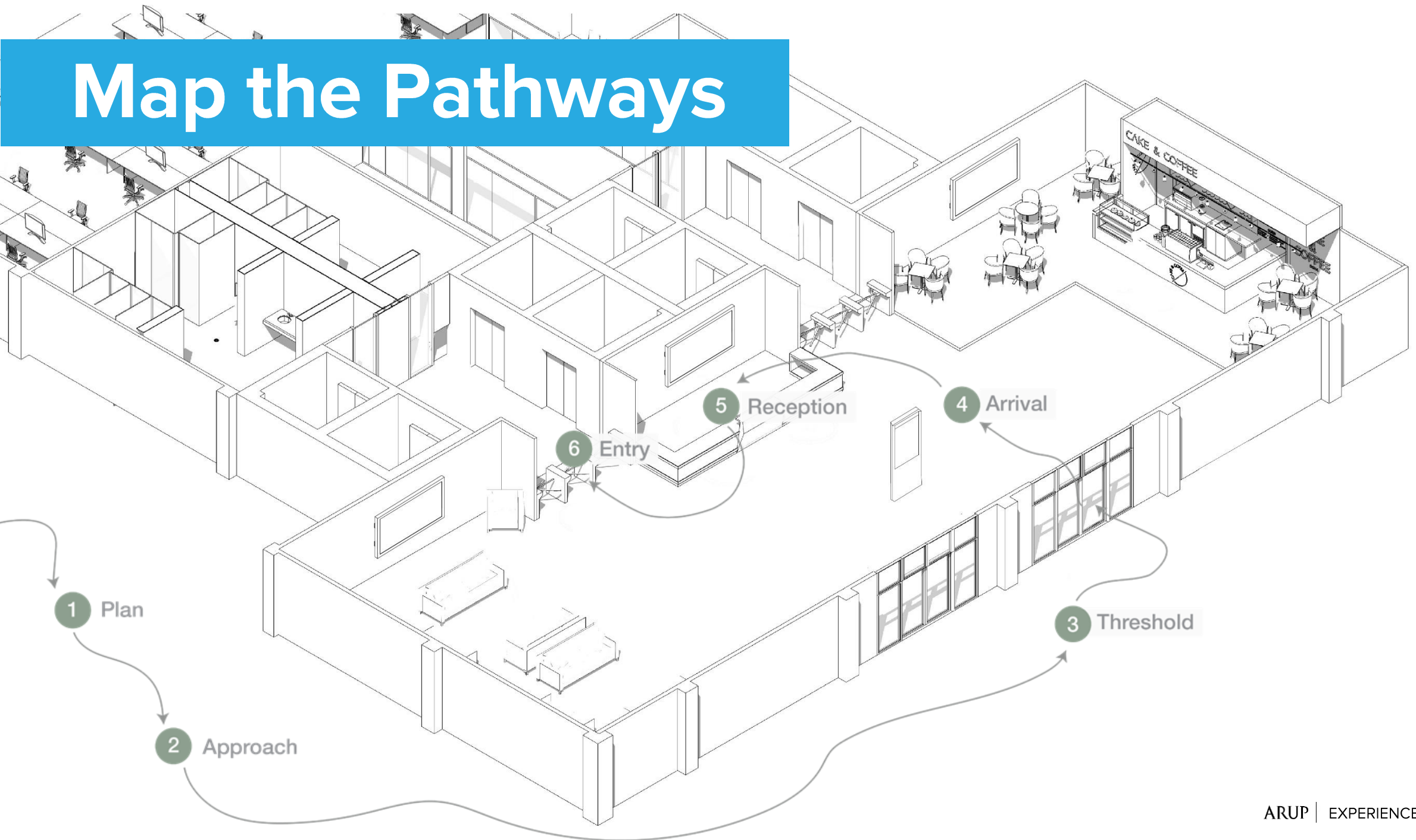
- **Map** the pathways of return
- **Sense** the environments people are entering
- **Share** the data generously

# Map the Pathways

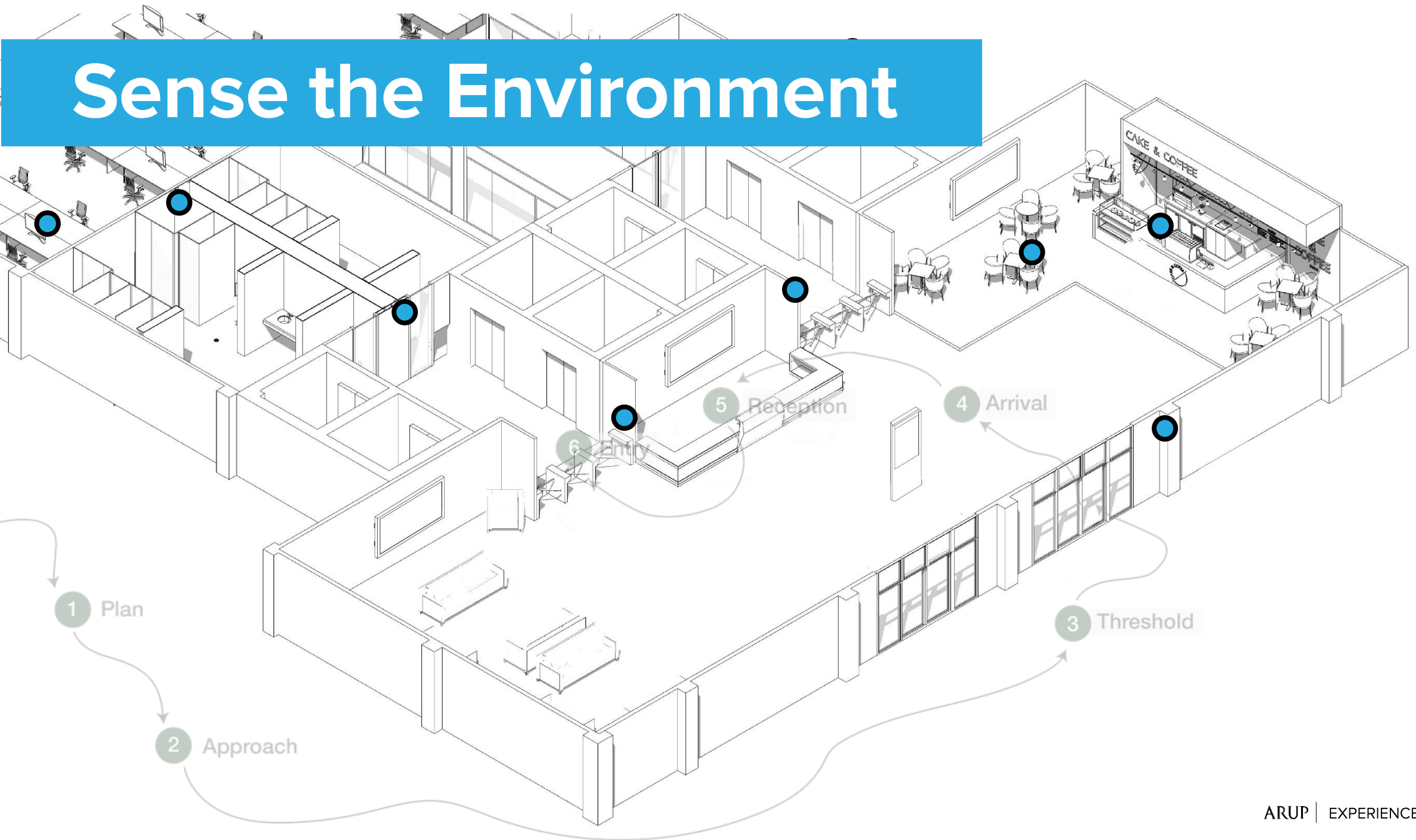




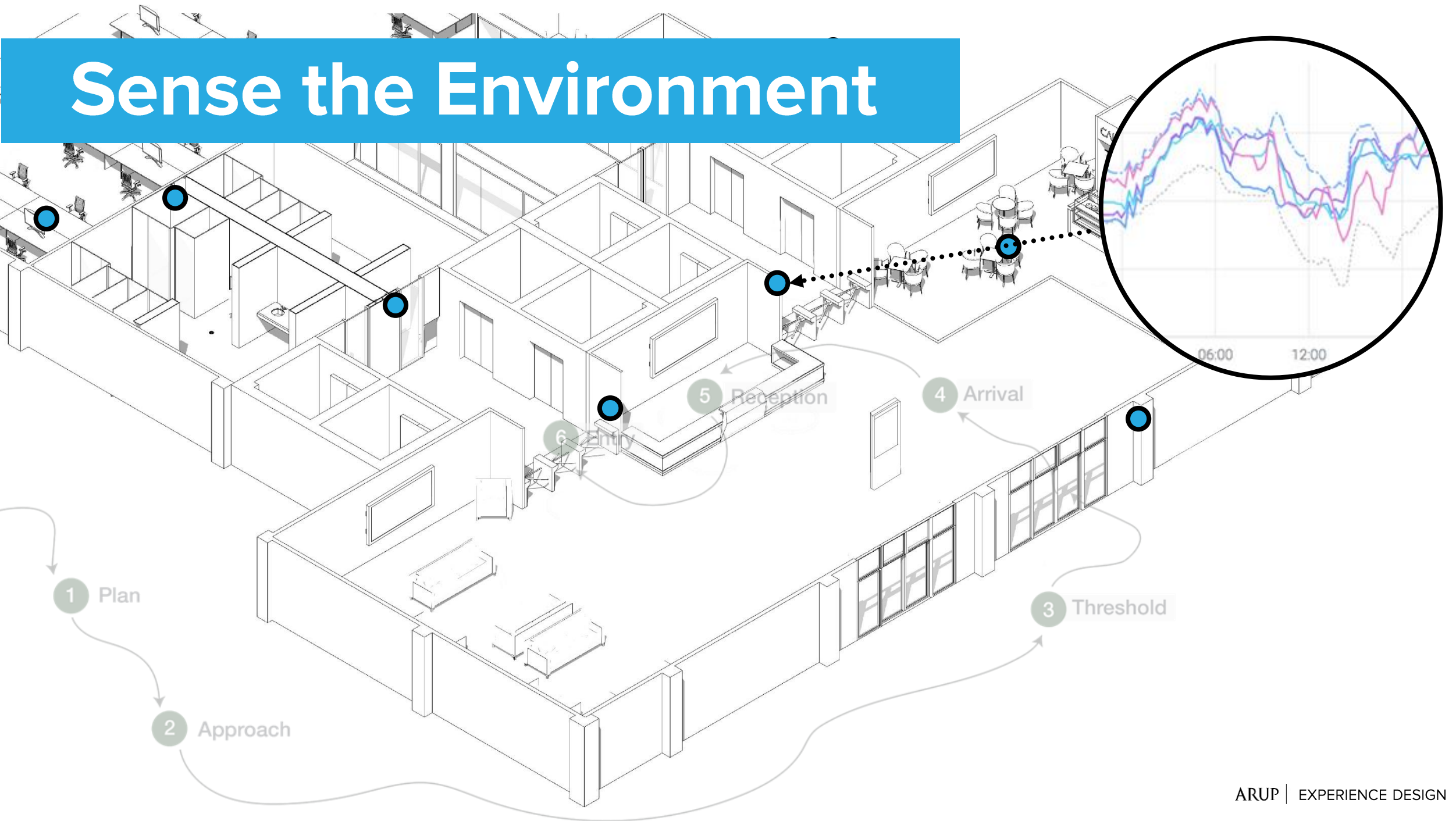
# Map the Pathways



# Sense the Environment

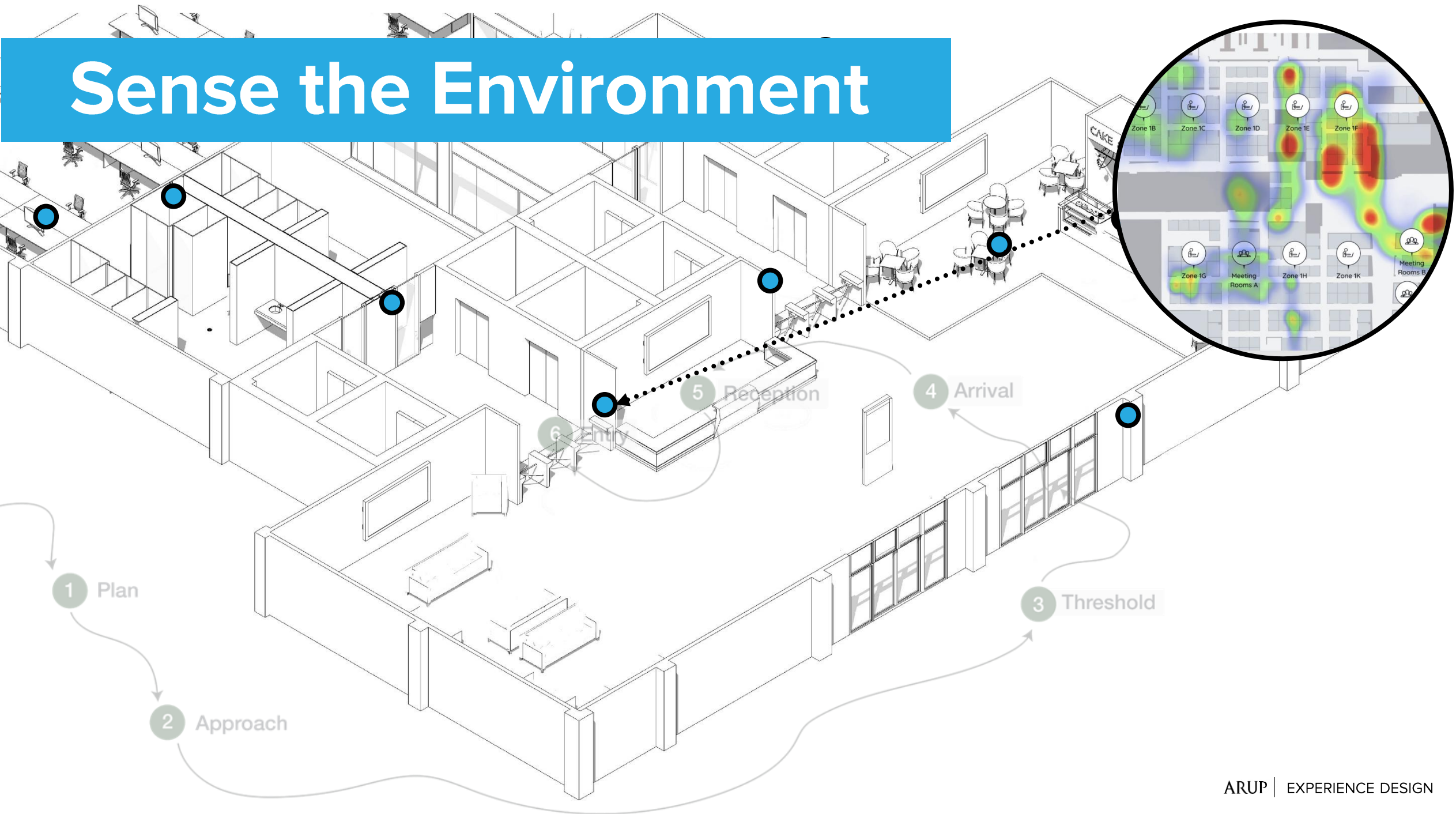


# Sense the Environment

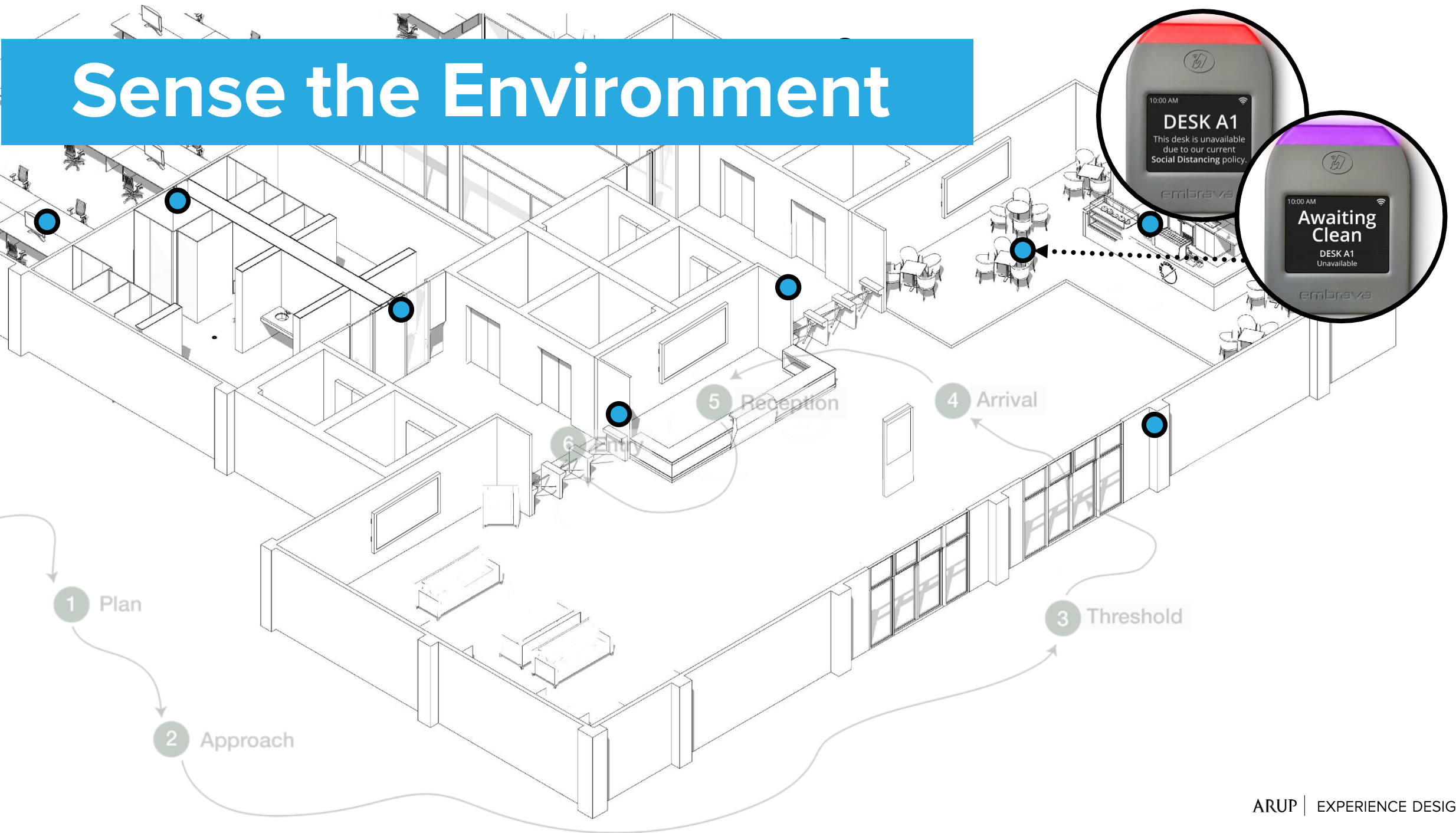




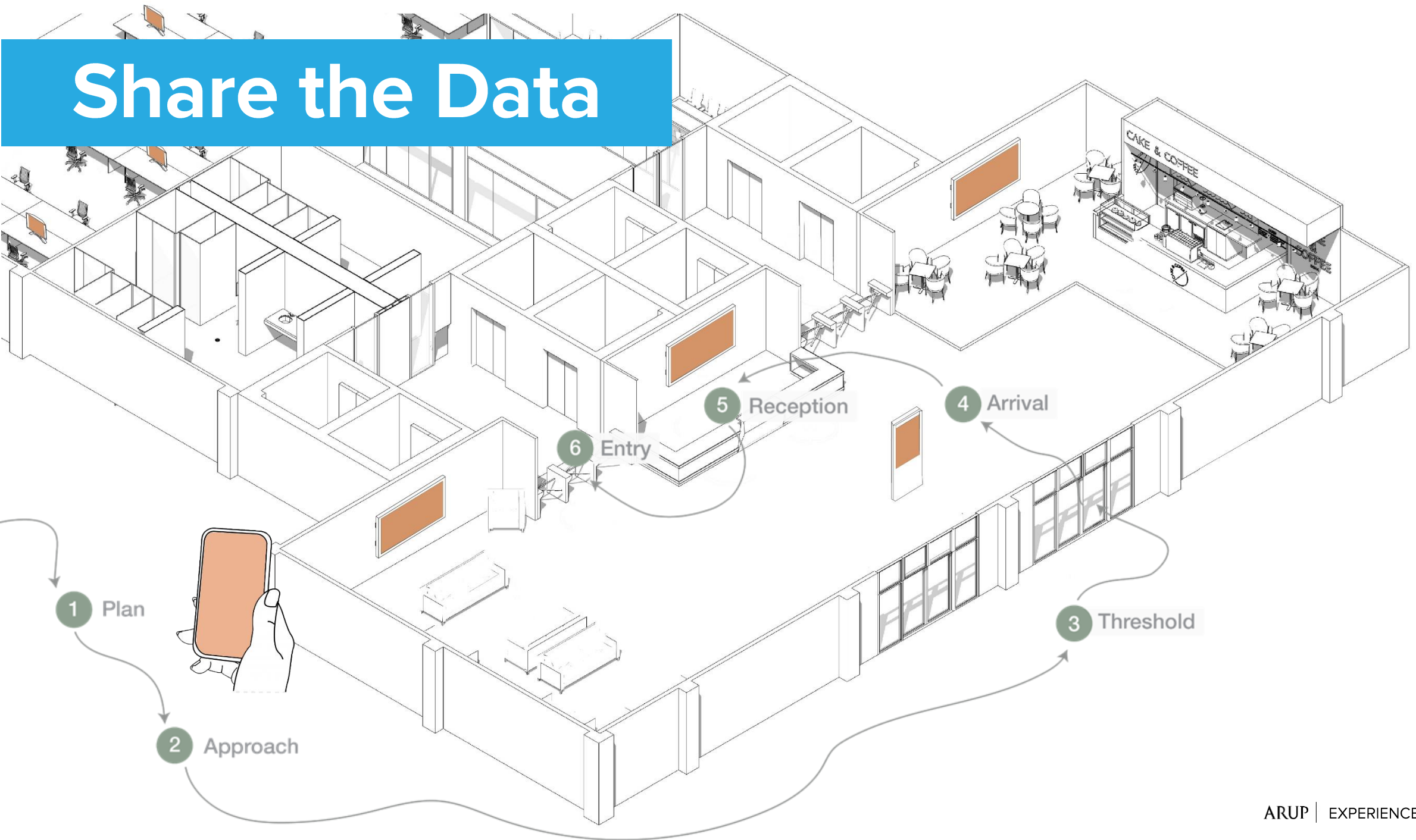
# Sense the Environment



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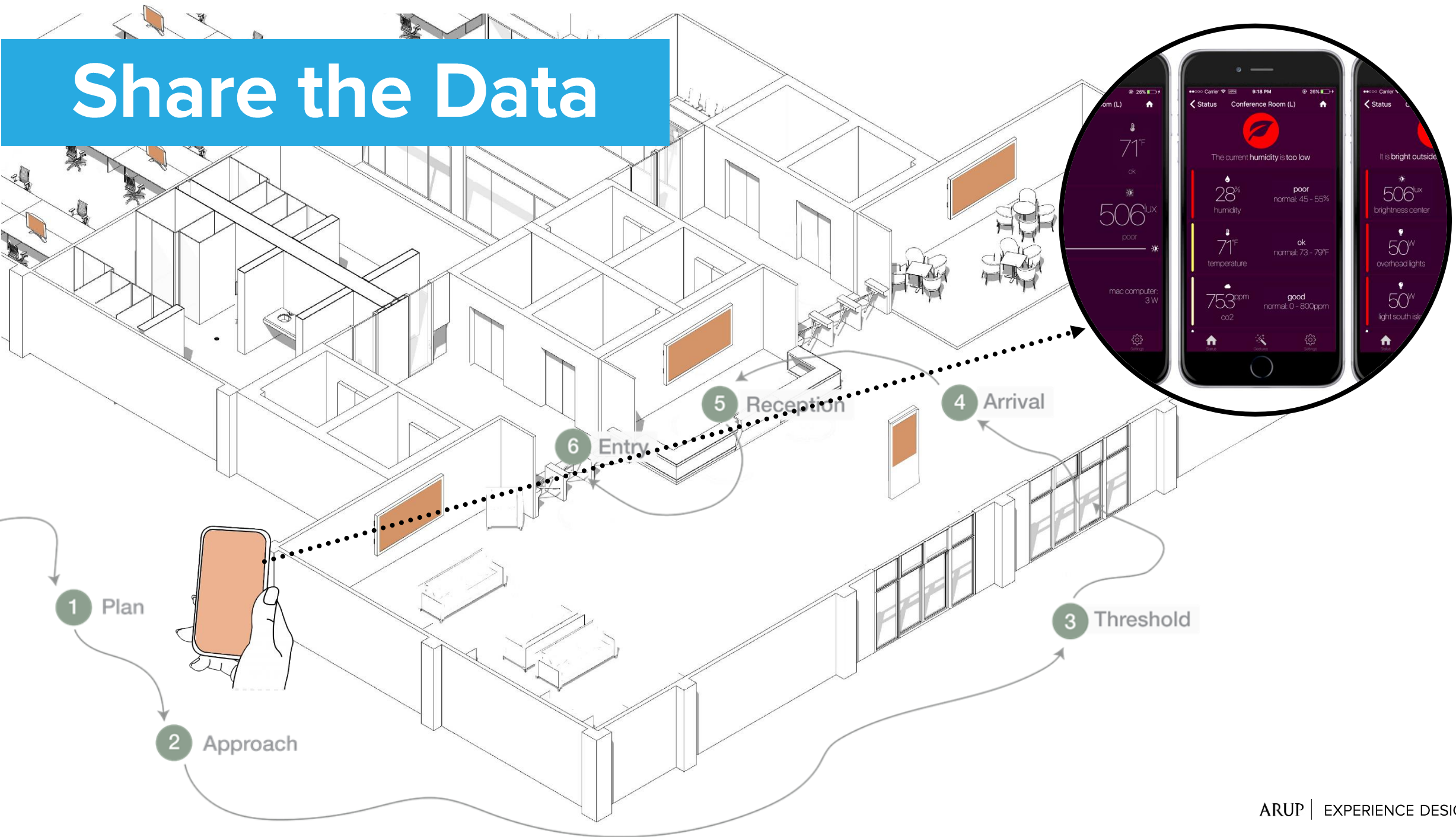


# Share the Data

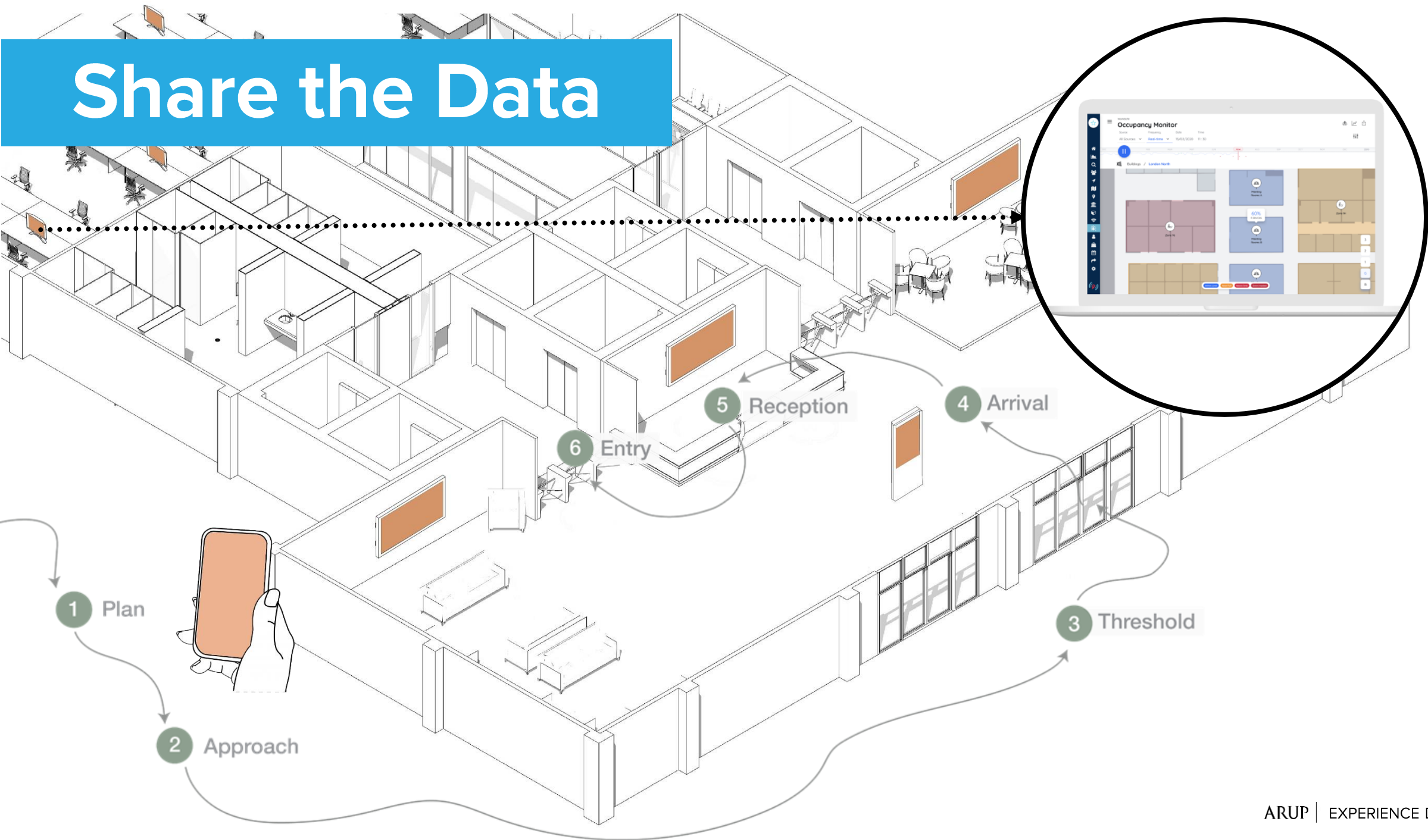




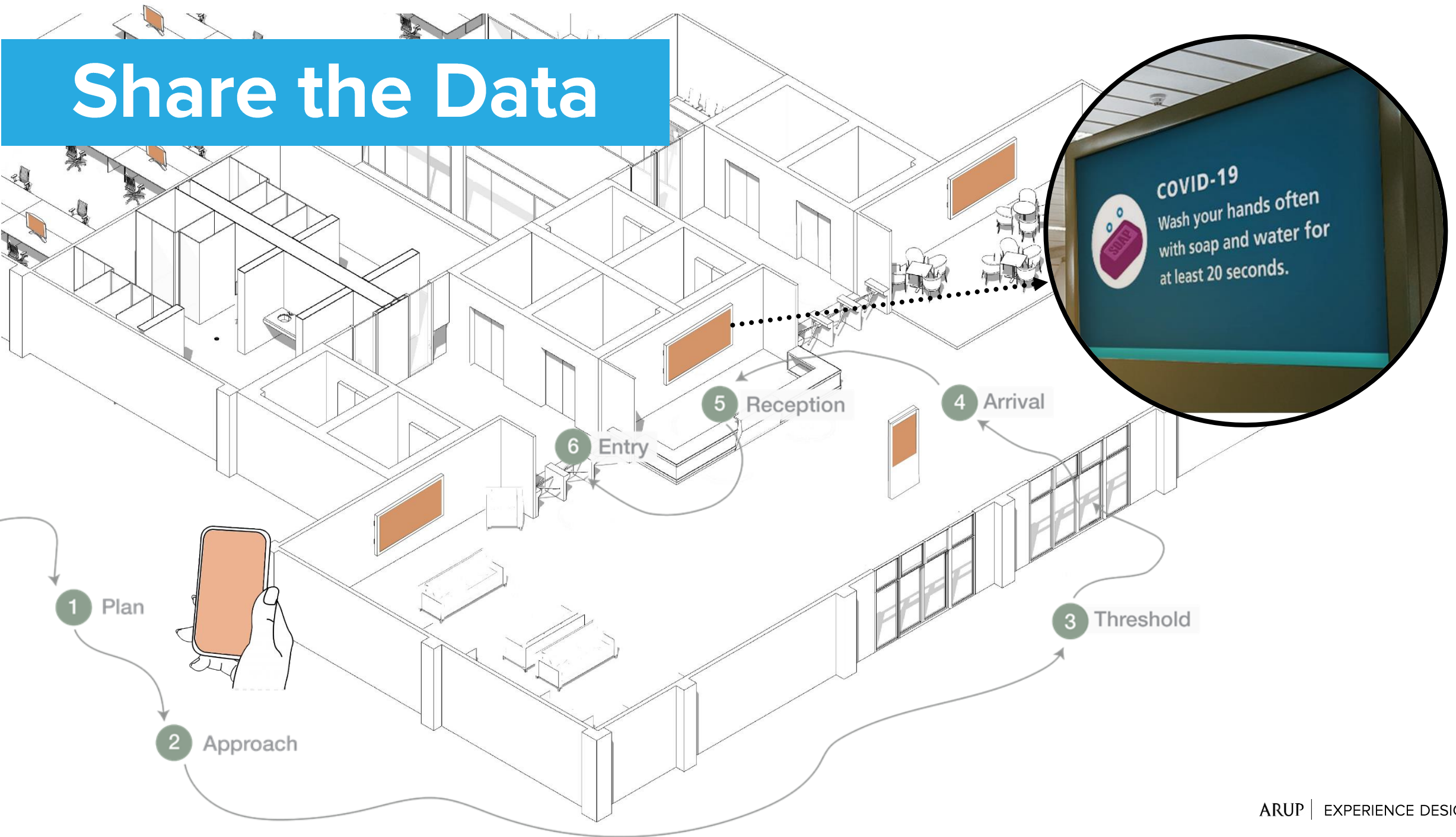
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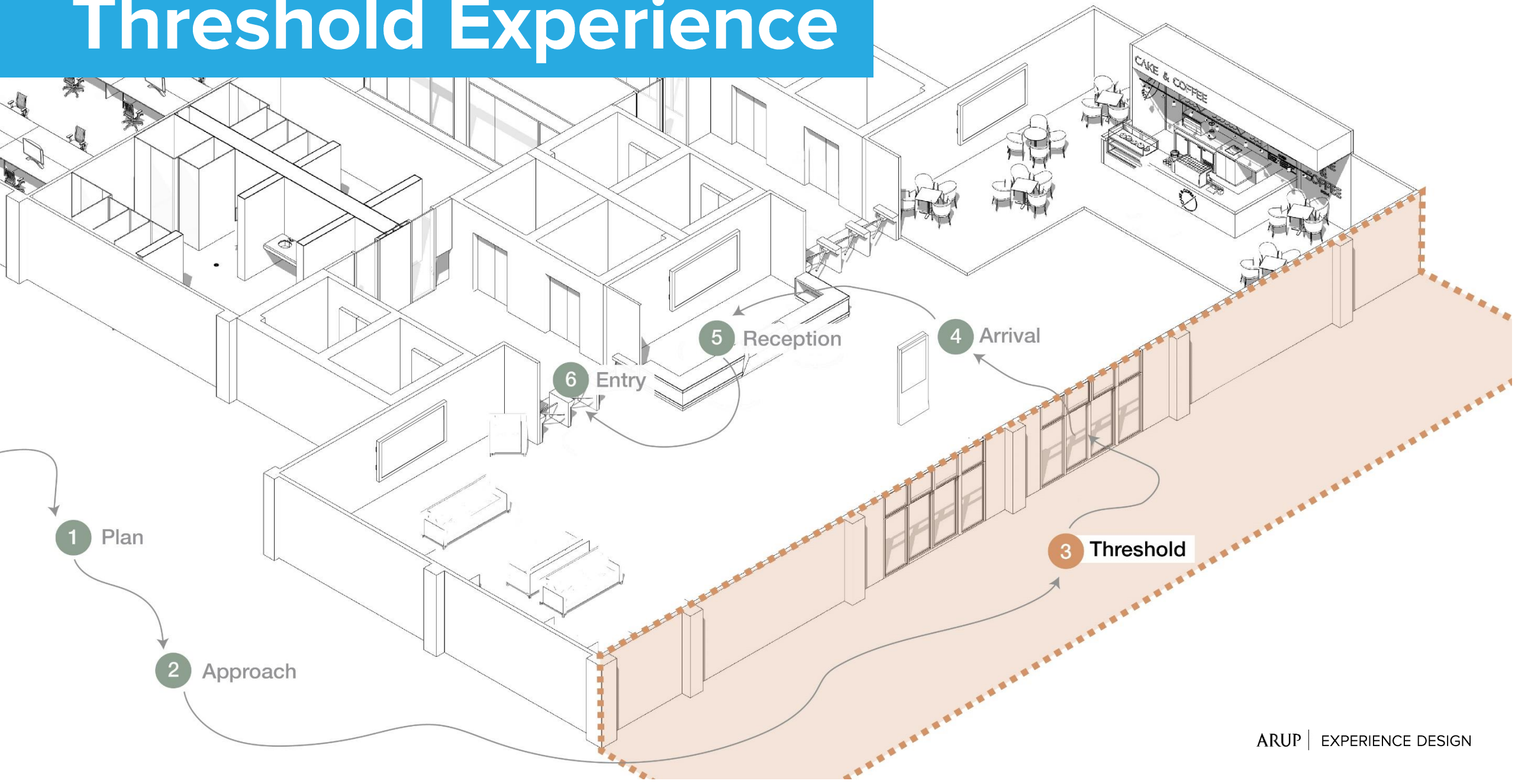


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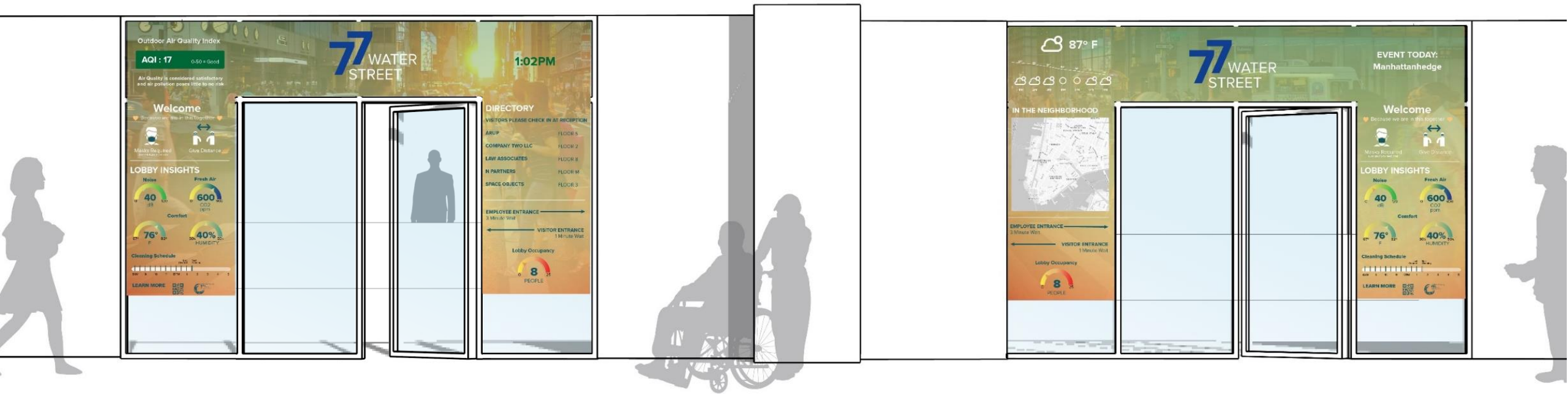




# Threshold Experience



# Threshold Experience

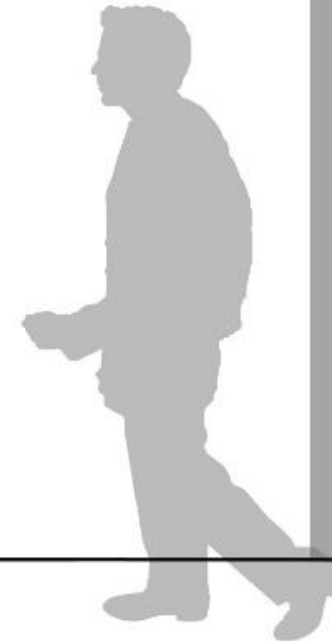


# Threshold Experience





# Threshold Experience

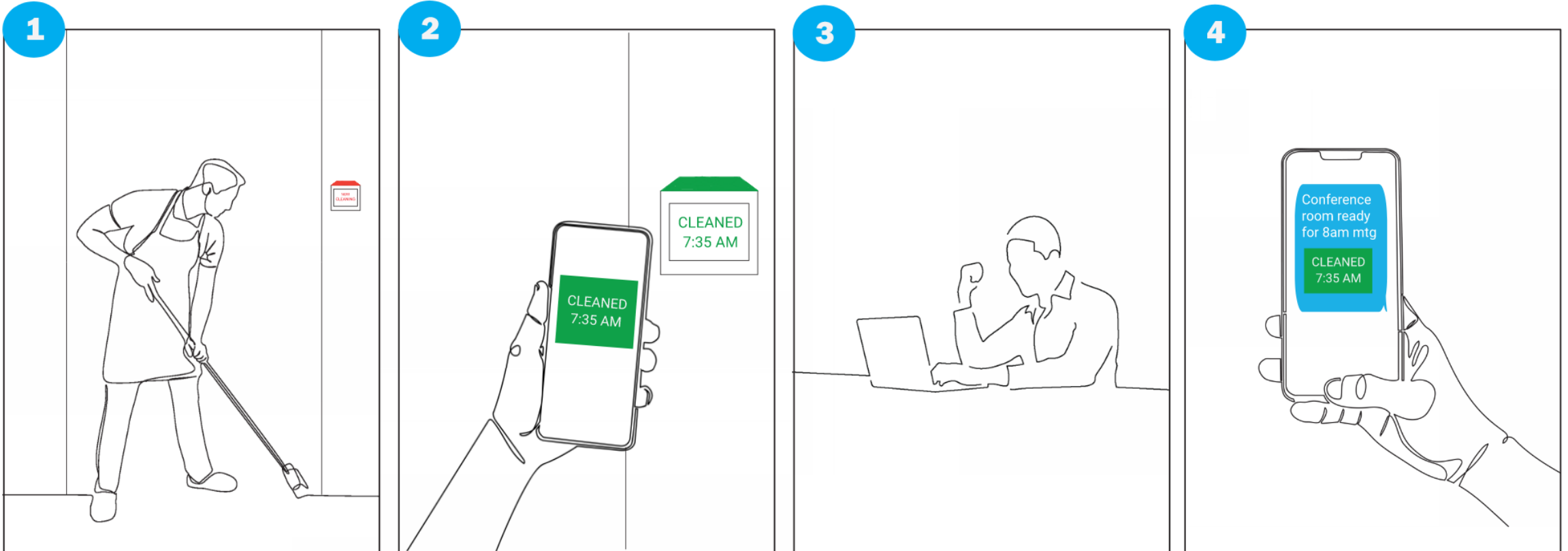


# Case Study: Cleaning Status

This is an overview of systems that provide very simple ways for:

- **Custodial staff** to indicate an asset has been sanitized
- **Employees** to register a need for an asset to be cleaned

# Workflow – Custodian



CUSTODIAN  
cleans room

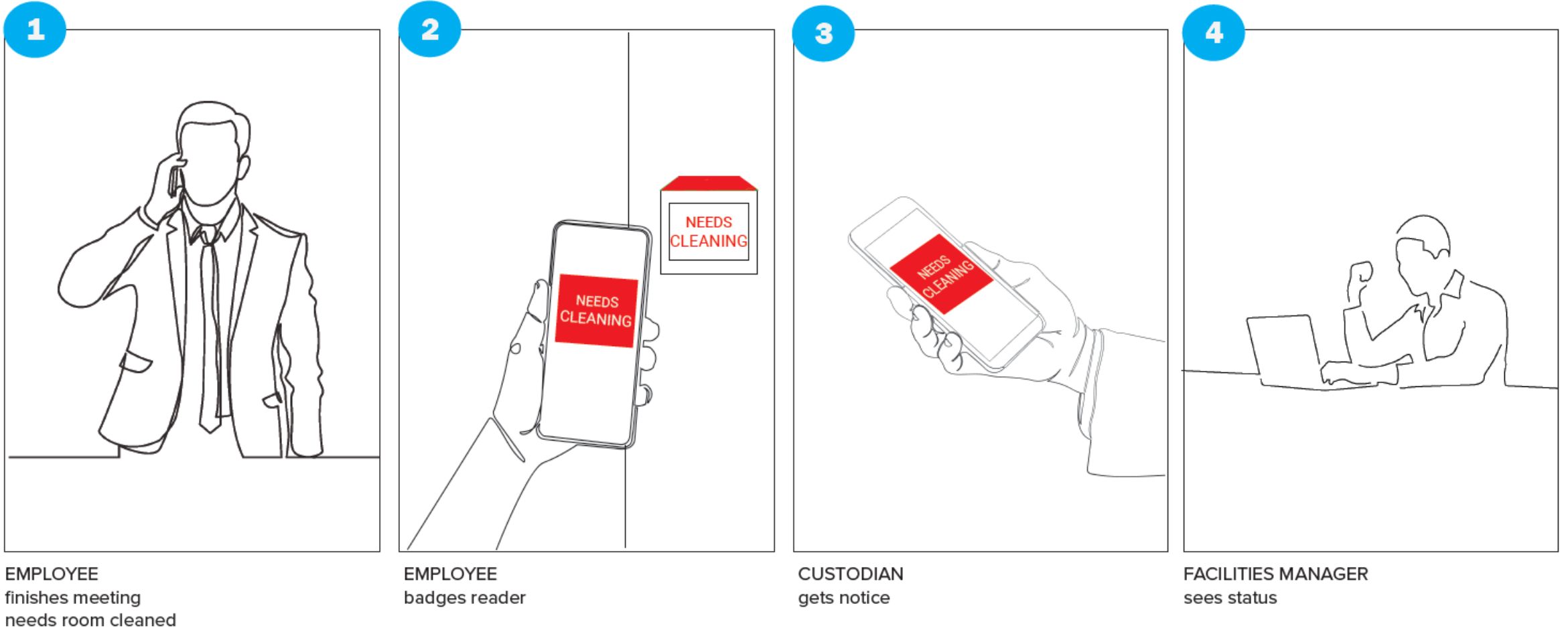
CUSTODIAN  
badges reader

FACILITIES MANAGER  
sees status

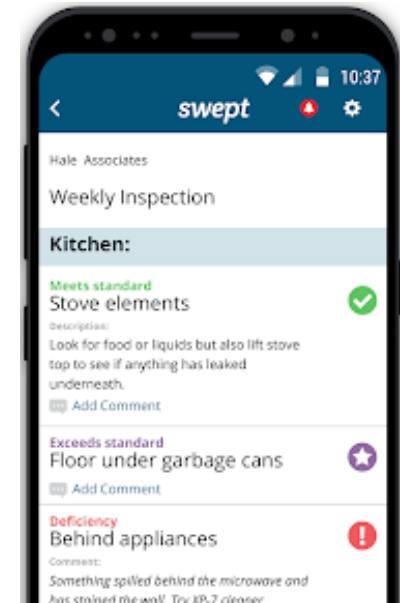
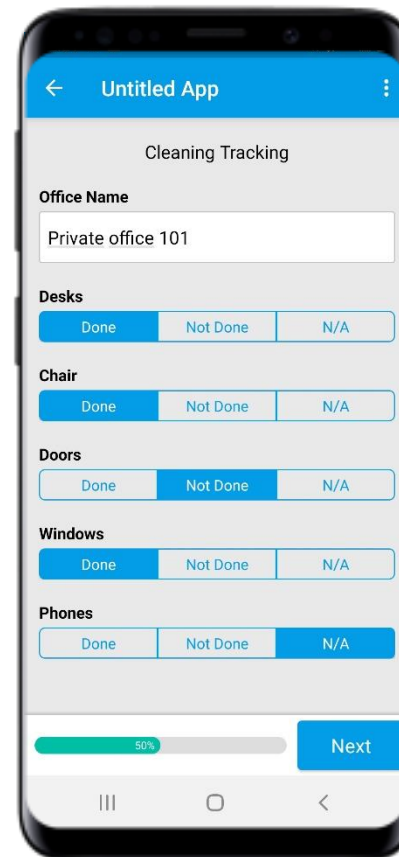
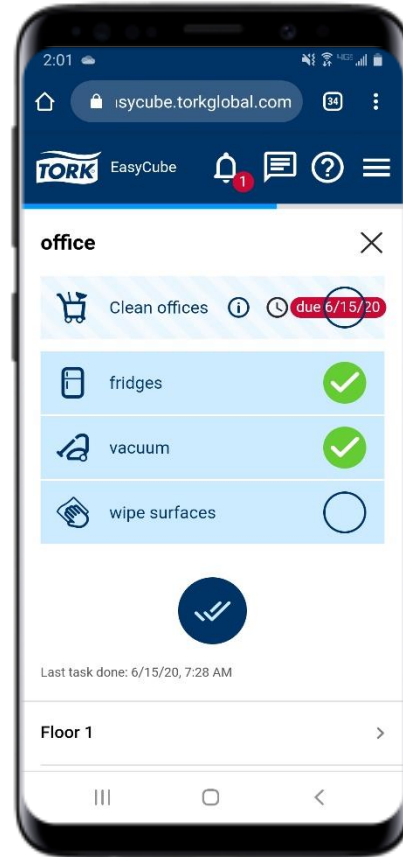
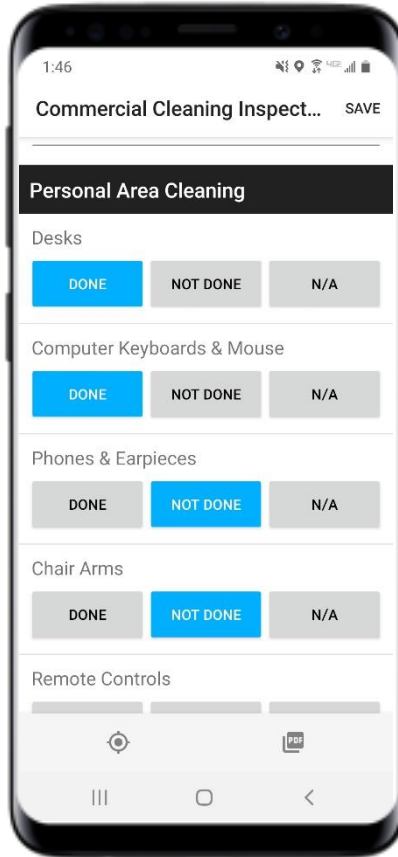
EMPLOYEE  
gets notice



# Workflow – Employee



# Data Collection



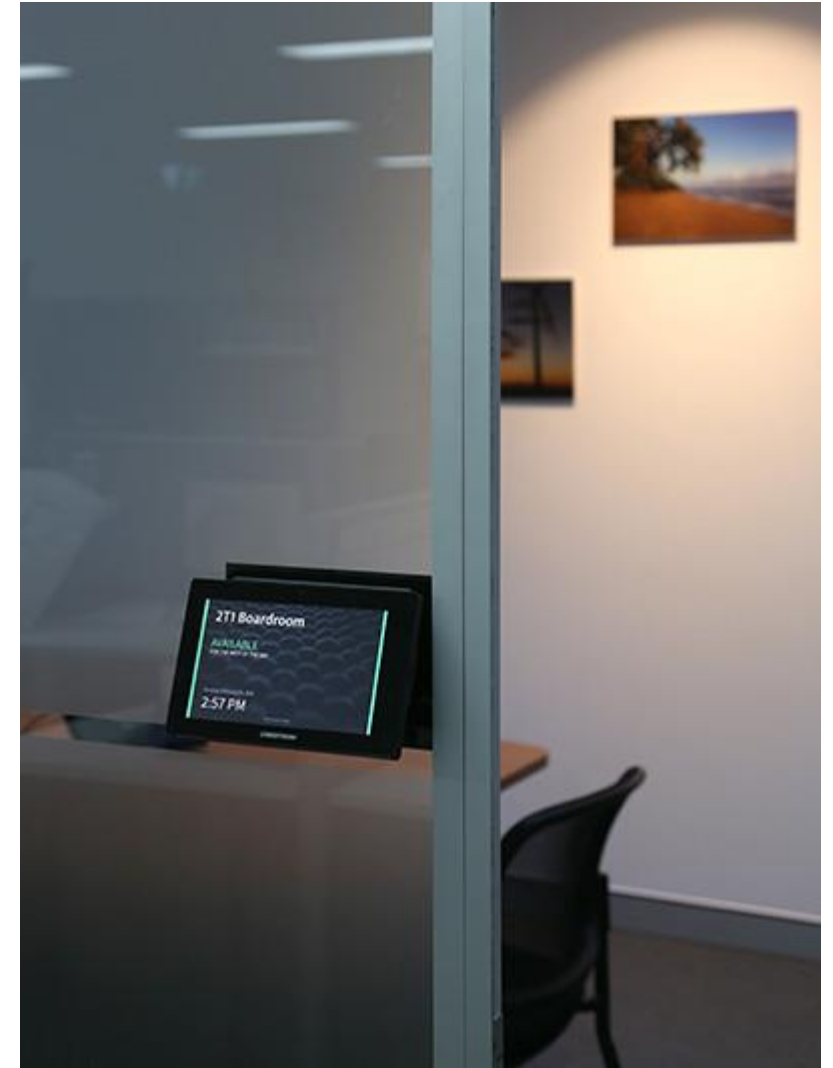
# Data Display



embrava.



visix

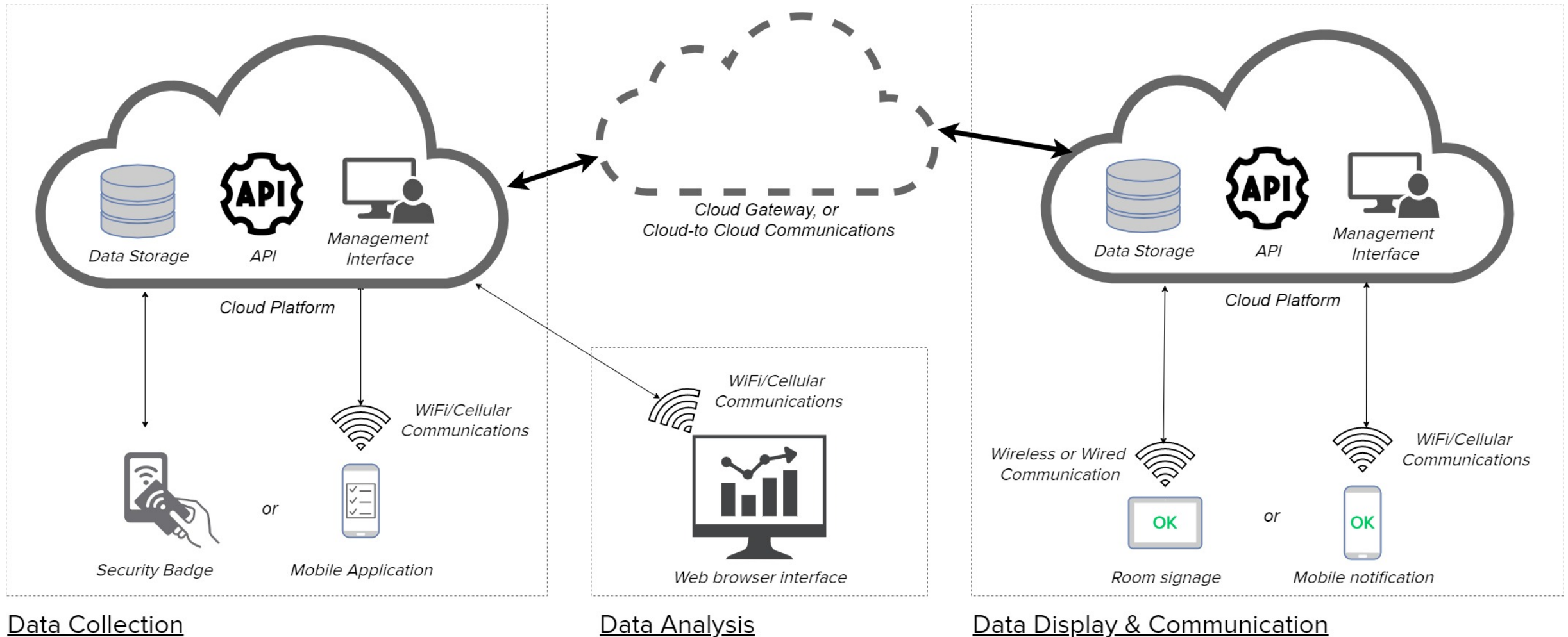


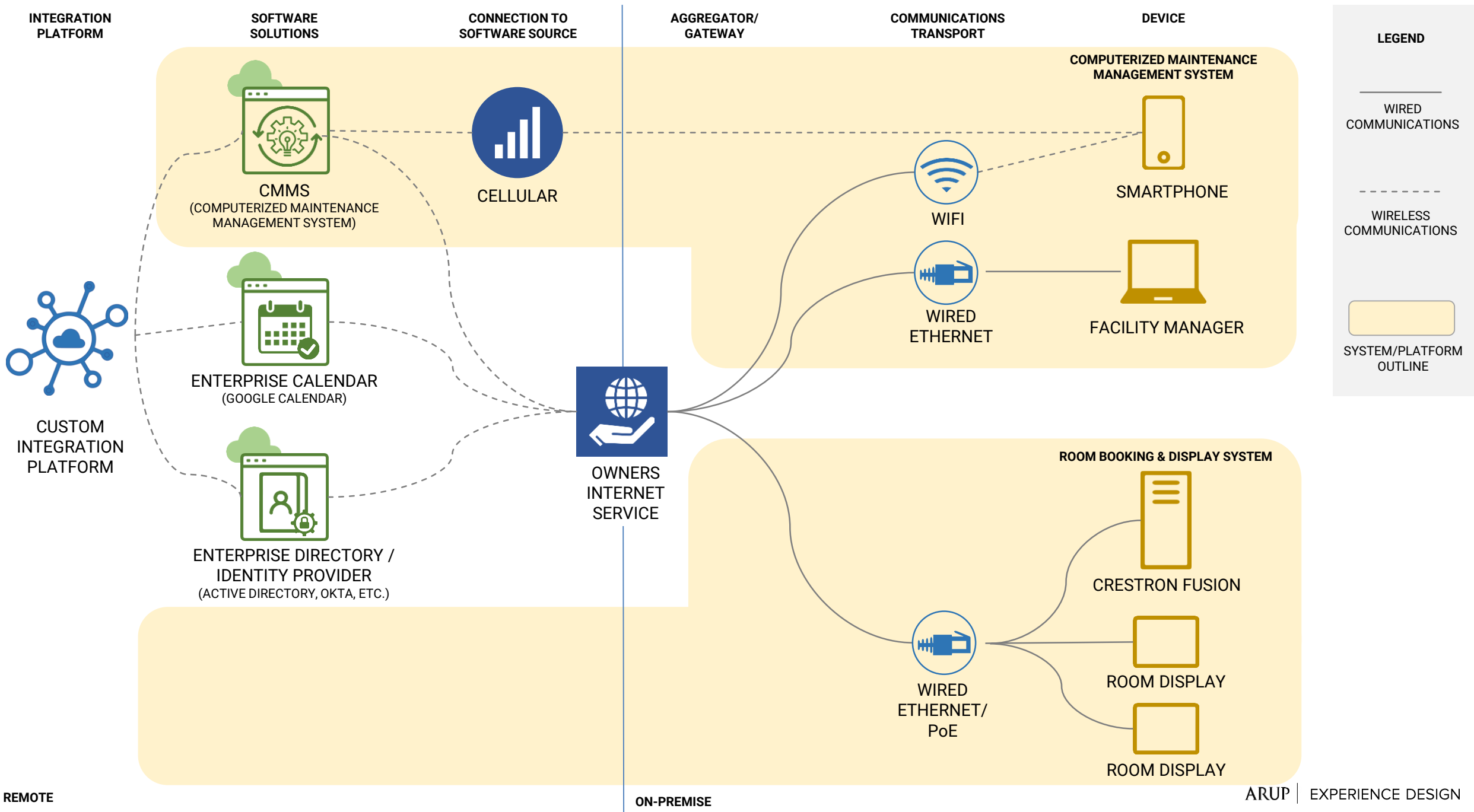
CRESTRON

ARUP | EXPERIENCE DESIGN



# Technical Architecture





# Cleaning Status: Value Proposition

Employees will expect **more frequent communications** about cleaning protocols

This system, because of its transparency, **builds confidence** in the return to workplace.



# Make the Experience Positive

Technology-enabled environments that signal their health will:

- Help people feel **better informed** in their decisions
- Make people feel cared for and **anticipated**
- **Build trust** in the return to daily life

# Digital twins and enhancing building performance



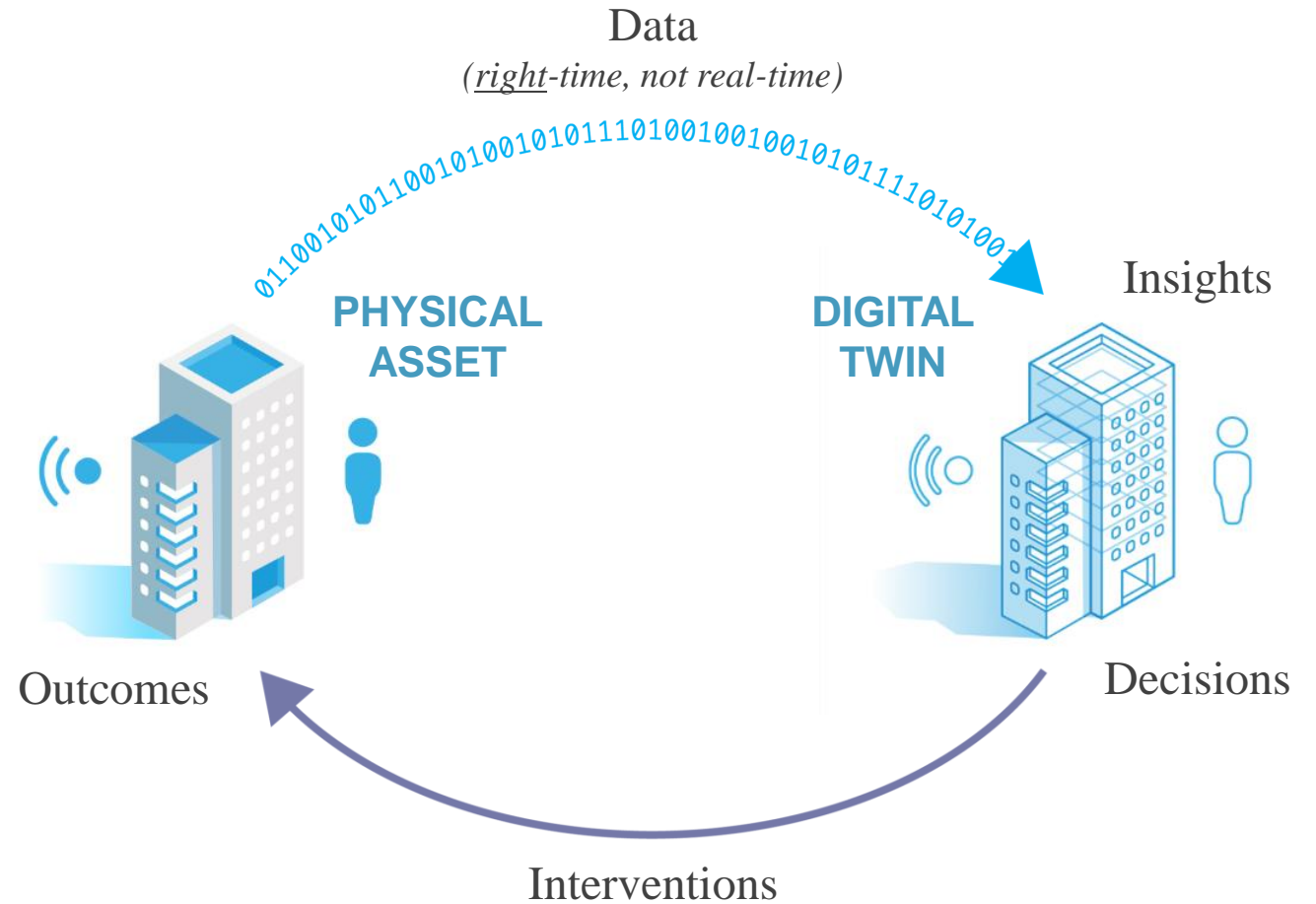
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## Defining a digital twin

“

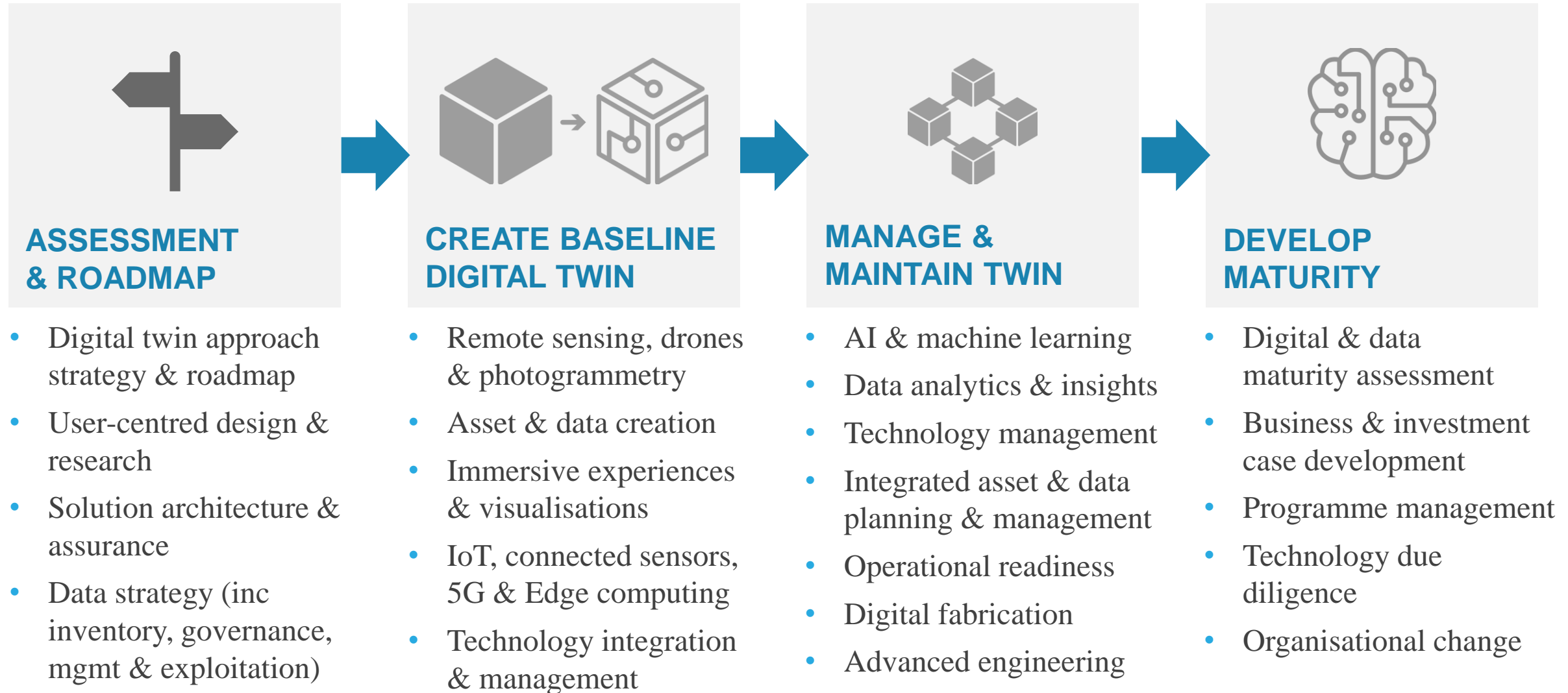
A realistic digital representation of assets, processes or systems in the built or natural environment, at a level of accuracy or detail that is suited to its purpose or use-case

What distinguishes a twin from any other digital model or replica is a **connection** or **relationship** between the physical and digital.

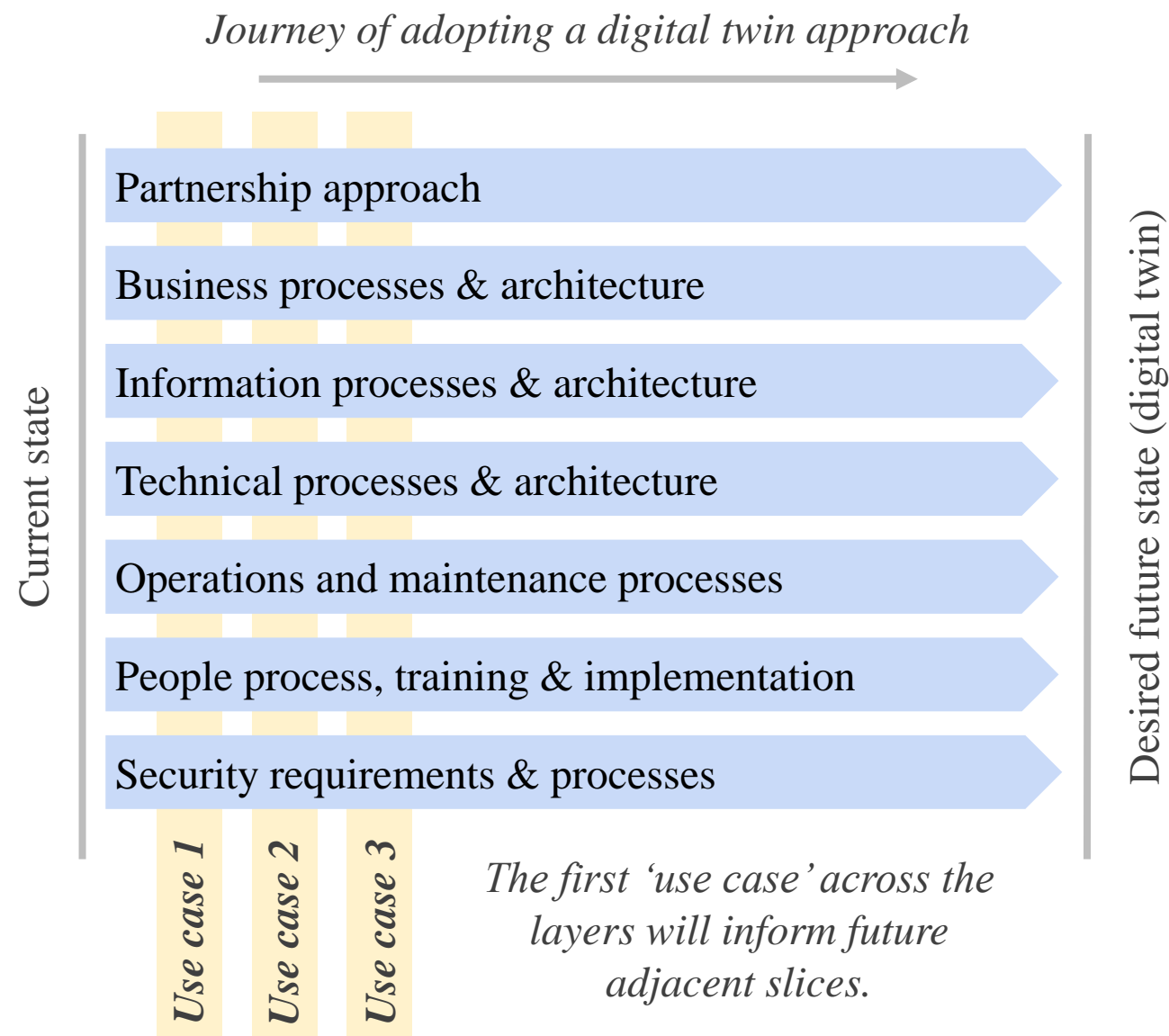




Activities— combining Arup’s engineering & design strength with advanced digital expertise



“Thin slice” approach



## ADVANCED DIGITAL ENGINEERING

## Neuron Smart Building Digital Platform

Empowering data-driven building energy management & optimisation through AI/BIM

## CHALLENGE

- 90% of a building's total electricity consumption in Hong Kong is through HVAC
- Accurate energy usage forecasts and optimised control of HVAC systems critical energy saving

## SOLUTION

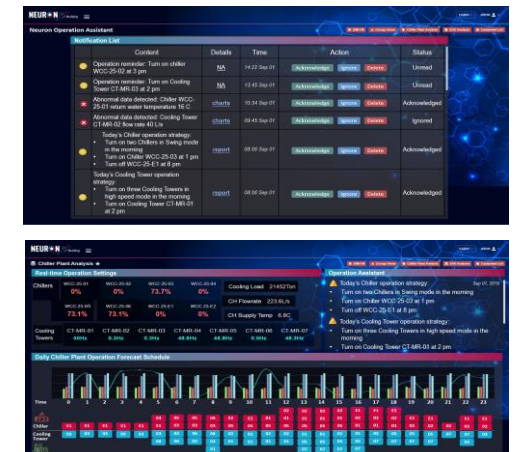
- Intuitive and fully customisable visualisation tool that enhances buildings' energy savings and efficiency, optimises operational workflows
- Use AI & big data technology to analyse **right-time** building data and provide performance insights

## OUTCOME

- Building performance predicted and optimised through applying machine learning to historical data
- BMS adjust automatically to achieve better performance efficiencies and realise cost savings



Up to **30%**  
Saving of energy  
consumption in a  
typical existing  
commercial building





## County Hall, The Hague, Dutch Government

Achieving carbon neutral buildings through adopting a digital twin approach

### CHALLENGE

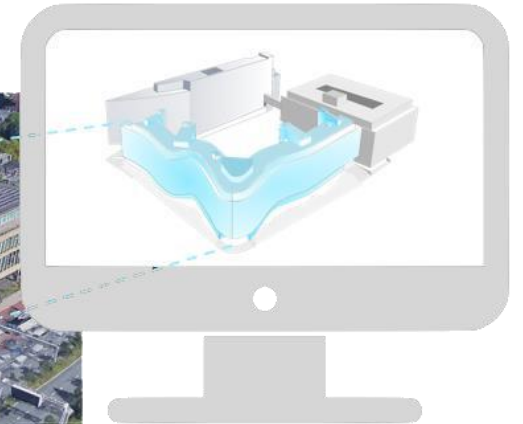
- Improve the County Hall comfort, energy efficiency and space utilization, making the building carbon neutral to help meet 2040 carbon reduction targets.

### SOLUTION

- Data extraction of over 30,000 data points from the existing Building Management System, and
- Deployment of specifically tailored IoT sensors to measure user interaction
- 3D scanning to create baseline digital, which is connected to a detailed simulation model that uses extracted data points to optimise building efficiency

### OUTCOME

- Two fold strategy to optimise the current functioning of the building, while renovating, uplifting and transitioning where necessary.



## ADVANCED DIGITAL ENGINEERING

## Queensferry crossing: inspection and maintenance

A cloud-based asset management system, closely monitoring condition and performance of the bridge

## CHALLENGE

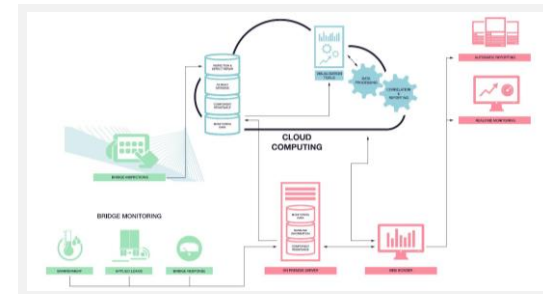
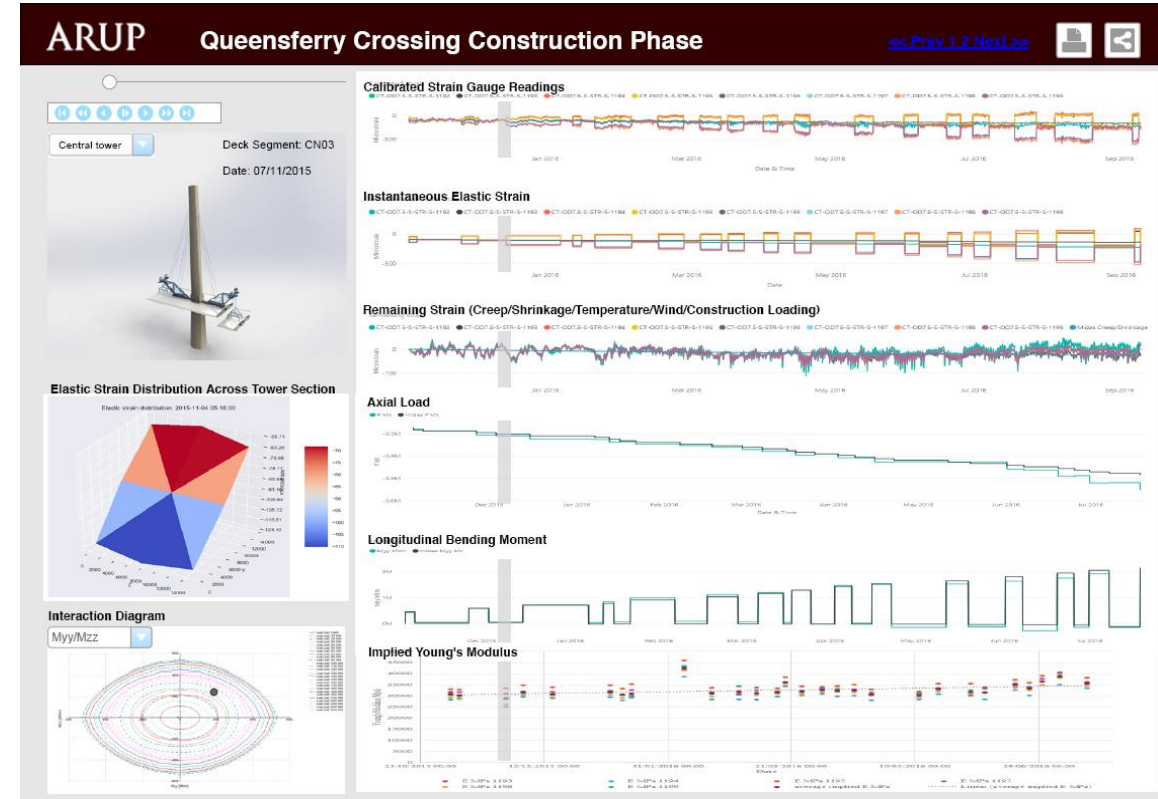
- Economical maintenance of the new Queensferry Crossing over its 120-year design life

## SOLUTION

- Digital asset management system, prioritised inspection regimes and structural health monitoring to track performance.
- Refined asset tagging and defect location system.
- Systematic storage, processing & reporting of inspection/monitoring data.

## OUTCOME

- Cloud computing dramatically reduces storage costs, allowed integrated working (inspectors, QA, engineers)
- Standardisation and automatic generation of reports



## Ecosystem of connected digital twins



### **A National Digital Twin**

to enable better outcomes from our built environment

### **An Information Management Framework**

to enable secure data sharing and effective information management

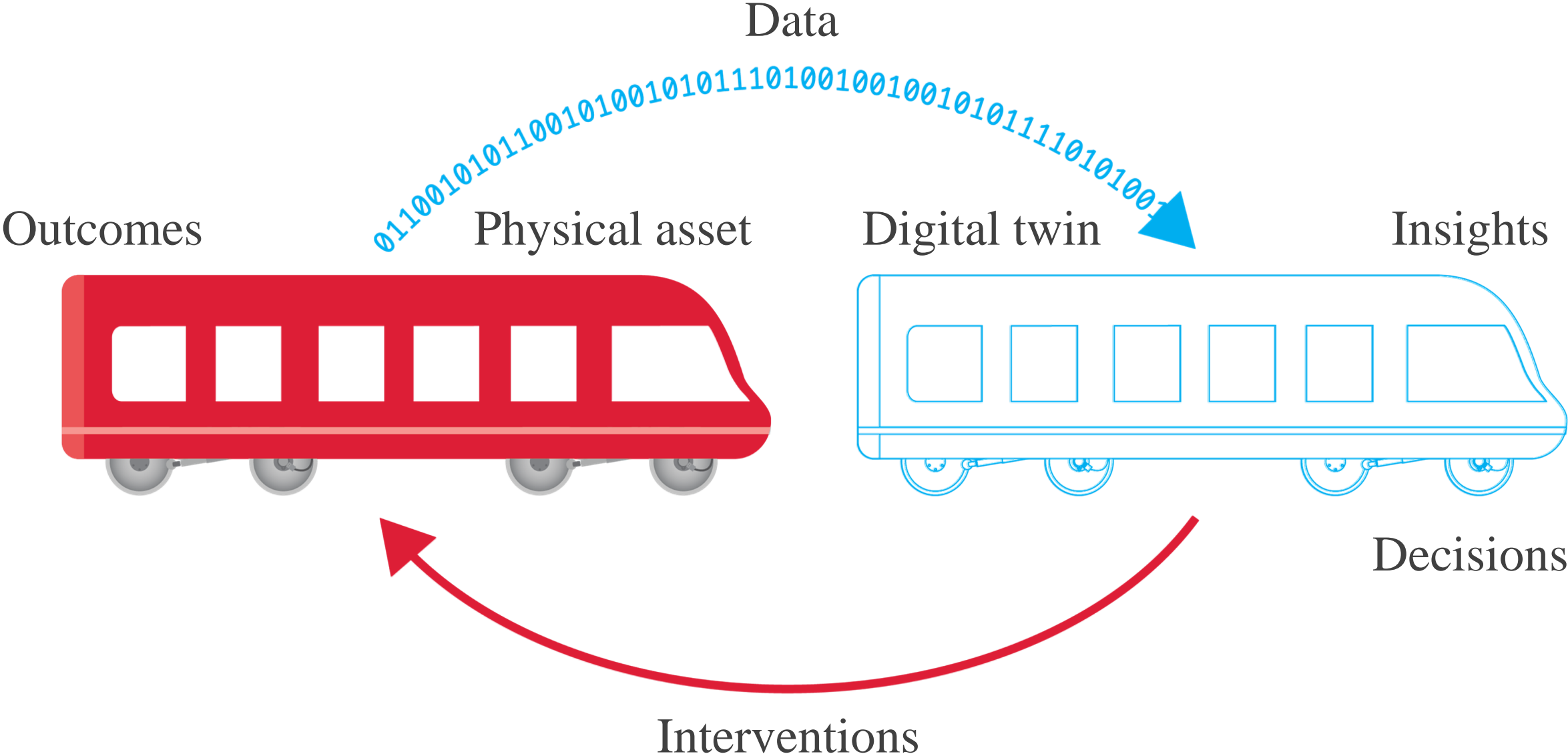
## The National Digital Twin

### Systems-based view of the built environment (including energy infrastructure)

- System of systems
- System of services
- Cyber-physical system
- Sustainable system

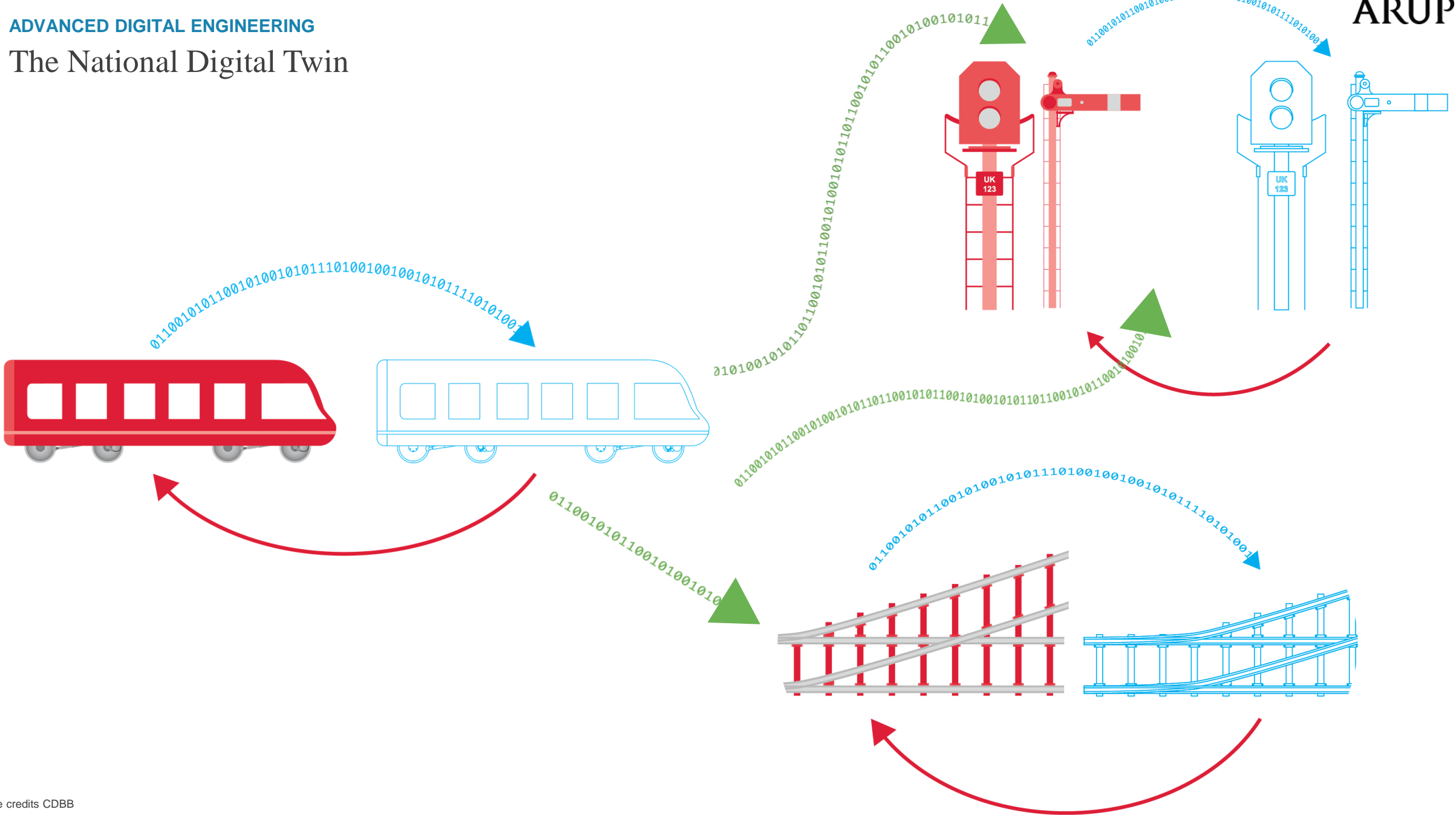






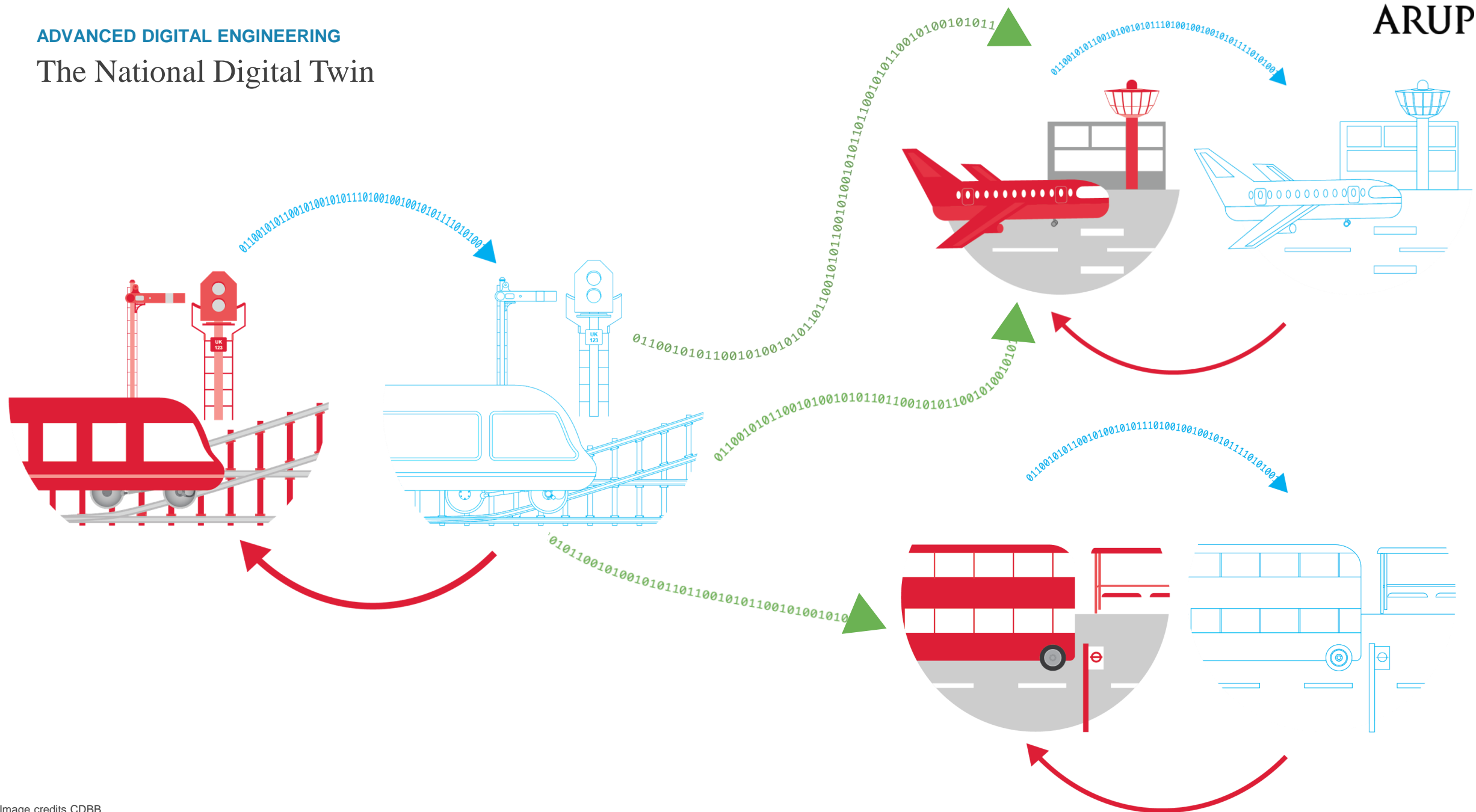
ADVANCED DIGITAL ENGINEERING

The National Digital Twin



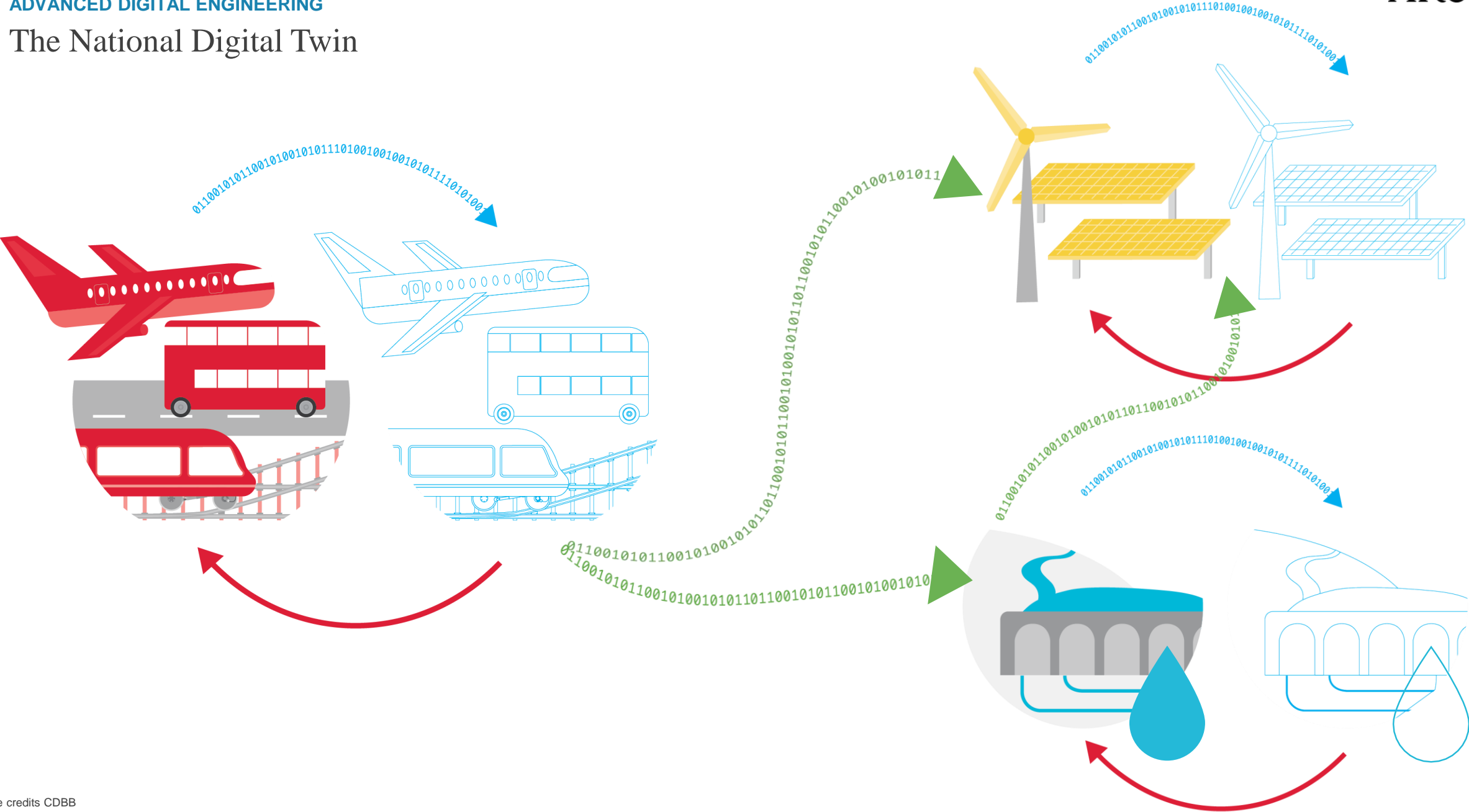
ADVANCED DIGITAL ENGINEERING

The National Digital Twin



ADVANCED DIGITAL ENGINEERING

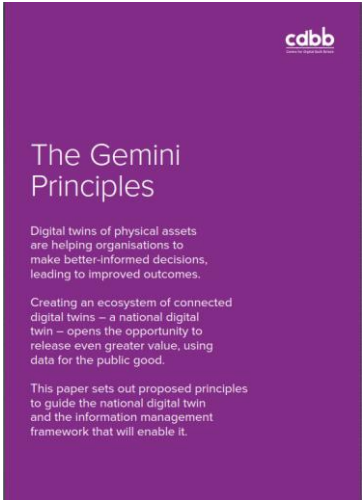
The National Digital Twin





# The Gemini Principles

- Arup is fully committed to the **Gemini Principles**
- When adopting and implementing a digital twin approach



**Purpose:**  
Must have clear purpose

**Public good**  
Must be used to deliver genuine public benefit in perpetuity

**Value creation**  
Must enable value creation and performance improvement

**Insight**  
Must provide determinable insight into the built environment

**Trust:**  
Must be trustworthy

**Security**  
Must enable security and be secure itself

**Openness**  
Must be as open as possible

**Quality**  
Must be built on data of an appropriate quality

**Function:**  
Must function effectively

**Federation**  
Must be based on a standard connective environment

**Curation**  
Must have clear ownership, governance and regulation

**Evolution**  
Must be able to adapt as technology and society evolve